

CAREER SOLUTIONS, INC. CONTINUING EDUCATION PROGRAM



*Summer Session
June 1 - September 4, 2015*

Check Out Our Summer Classes!

The Continuing Education program is excited to announce several new class offerings available this coming summer session. In addition to traditional courses like reading, math, and social skills one would need at work and school, we have added courses related to emerging technologies and child care. As we grow, we have become accustomed to serving a student base with a wider range of interests and skills than ever before, and it is our ongoing commitment to meet those needs. Child care and new technologies are just a few of the items we are now pursuing.

The Art of Imagination program continues to be very popular and having it tied in so closely with our Continuing Education program enables students to select from a wide variety of learning opportunities and chances to grow. A new offering includes our "Introduction to Broadcasting" course where individuals will work on their writing and expressive language skills to produce short podcasts on areas of interest. Just as theater and the visual arts are important to some students, learning how to access public transportation and navigating the community are just as important to others. With a new class called "Travel and Transportation" and the return of our "Job Club," we plan to offer all students as many choices as we possibly can.

As always, we plan to get out and about in the community as much as we can; and the coming warm weather months offer a good opportunity to do so. Nothing is more important to us than ensuring our students know they are a valuable and important part of their surrounding community through work, volunteerism, and recreation. Thanks to all our friends and families, and thank you for your continued support. See you this summer!



Summer Session:

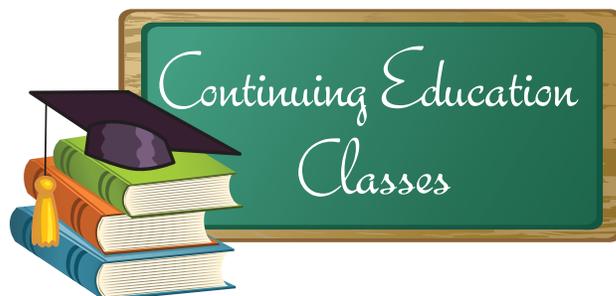
Please check all of our class offerings for the Summer Session which runs from June 1 - September 4, 2015.

The weekly schedule is posted on pages 2 and 3 followed by detailed descriptions for each class. If there is an asterisk next to the class, it means it is offered more than once. Please contact Mike Loftus with any questions, or Cherie McCreary to enroll.

**Registration deadline is May 27, 2015
but call early as classes fill up quickly!**

Inside this issue:

Monday/Wednesday/Friday Class Schedule	2
Tuesday/Thursday Class Schedule	3
Art of Imagination Class Descriptions	4
Continuing Education Class Descriptions	5-7
Enrollment Information	8



Monday/Wednesday/Friday

Period 1 - 9:15 am - 10:30 am

Class	Description on Page:	Category	Teacher
Photography (Period 1 & 2)	4	Art of Imagination	Anderson & Luk
* Watercolor	4	Art of Imagination	Pietron, Tanya
Job Readiness Through Volunteering (Periods 1 & 2)	5	Career Planning	McCormick & Wolfson
Horticulture (Periods 1 & 2)	6	Culinary, Hospitality, and Horticulture	Landry & Ohle
Math Level 1	6	Math	Dovenbarger, Sabrina

Period 2 - 10:45 am - 12:00 pm

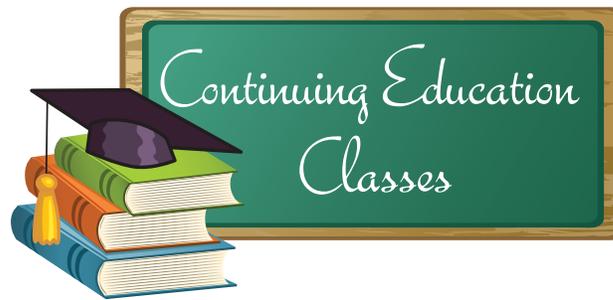
Class	Description on Page:	Category	Teacher
Photography (Period 1 & 2)	4	Art of Imagination	Anderson & Luk
Career Exploration 1	5	Career Planning	Loftus, Mike
Job Readiness Through Volunteering (Periods 1 & 2)	5	Career Planning	McCormick & Wolfson
Creative Writing and Journaling	5	Communication/Language Arts	Dovenbarger, Sabrina
Horticulture (Periods 1 & 2)	6	Culinary, Hospitality, and Horticulture	Landry & Ohle
Reading 1	7	Reading	Pietron, Tanya

Period 3 - 1:15 pm - 2:30 pm

Class	Description on Page:	Category	Teacher
* Watercolor	4	Art of Imagination	Pietron, Tanya
* Learning Strategies	6	Literacy and Workplace Skills	Dovenbarger, Sabrina
Boundaries	6	Personal Growth & Development	Anderson, Annie
* Fitness and Movement (Periods 3 & 4)	7	Personal Growth & Development	Luk & Torres
* Phonics	7	Reading	TBD

Period 4 - 2:45 pm - 4:00 pm

Class	Description on Page:	Category	Teacher
Introduction to Broadcasting	4	Art of Imagination	Hoggatt & Dovenbarger
Cooking 2	6	Culinary, Hospitality, and Horticulture	Landry, Paul
* Independent Living	6	Independent Living Skills	TBD
* Fitness and Movement (Periods 3 & 4)	7	Personal Growth & Development	Luk & Torres
Critical Thinking With Tablets	7	Technology, Information, and Media	Ohle, Casandra



Tuesday/Thursday

Period 1 - 9:15 am - 10:30 am

Class	Description on Page:	Category	Teacher
Jingle Jangle Jive	4	Art of Imagination	Launderville & Simpson
* Piano Prep	4	Art of Imagination	Stodden, Cindy
Summer Film Project	4	Art of Imagination	Hoggatt & Ackermann
Job Club (Periods 1 & 2)	5	Career Planning	Hunter & Landry
Introduction to Communication	5	Communication/Language Arts	Loftus, Mike
* Fitness and Movement (Periods 1 & 2)	7	Personal Growth & Development	McCormick & Ohle

Period 2 - 10:45 am - 12:00 pm

Class	Description on Page:	Category	Teacher
Art Appreciation	4	Art of Imagination	Loftus, Mike
DrawSpace	4	Art of Imagination	Mayer, Tim
* Piano Prep	4	Art of Imagination	Stodden, Cindy
Child Development 1	5	Career Planning	Dovenbarger, Sabrina
Job Club (Periods 1 & 2)	5	Career Planning	Hunter & Landry
* Fitness and Movement (Periods 1 & 2)	7	Personal Growth and Development	McCormick & Ohle
Computer Basics	7	Technology, Information, and Media	Luk, Isaac

Period 3 - 1:15 pm - 2:30 pm

Class	Description on Page:	Category	Teacher
* Independent Living	6	Independent Living Skills	Luk, Isaac
* Learning Strategies	6	Literacy and Workplace Skills	Torres, Angel
Self-Determination and Self-Advocacy	6	Literacy and Workplace Skills	Wolfson, Doug
Sex Education and Personal Health 1	7	Personal Growth and Development	Launderville & Simpson
* Phonics	7	Reading	Landry, Paul
Reading Comprehension	7	Reading	Dovenbarger, Sabrina
Current Events	7	Social Sciences	McCormick, Selina

Period 4 - 2:45 pm - 4:00 pm

Class	Description on Page:	Category	Teacher
Travel and Transportation	5	Career Planning	Landry & Simpson
American Sign Language	5	Communication/Language Arts	Torres, Angel
Cooking 1	5	Culinary, Hospitality, and Horticulture	Dovenbarger, Sabrina
Community Math	6	Math	Wolfson, Doug
Science and Chemistry	6	Natural Sciences	Luk, Isaac



The Art of Imagination

Art Appreciation An offering for students who like art, this course examines art and its place in society as a form of expression. From simple, traditional pieces like landscapes, to commercial art, to expressionism and the abstract, students will explore how these forms of fine art are open to interpretation. The class spends most of its time in the community visiting local galleries and museums, and part of its ongoing objective is to explore vocational opportunities in the arts.

DrawSpace: Advanced Drawing Techniques and Special Projects DrawSpace, led by local professional comic book artist and illustrator Tim Mayer, is an advanced level studio drawing course focusing on taking serious artists to the next level. Studio experiences include improving drawing skills through participation in a series of special projects including animation, 3D modeling, life drawing, comic book creation, etc.

Prerequisite: Beginning drawing.

Introduction to Broadcasting Students enrolled in Introduction to Broadcasting will discover a world of emerging technologies, as well as, time tested storytelling and scriptwriting assignments. The class will cover basic terminology and technology necessary to create small video projects such as Vines. The ability to create video based projects will allow students to enter the world of visual media which is so prevalent in society today. This creativity will hopefully spark an interest in video journalism, comedy, public service, school initiatives, community activities, and much more. Students will create a video portfolio containing projects produced throughout the semester.

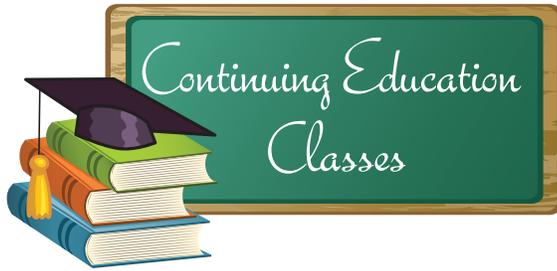
Jingle, Jangle, Jive Have you always wanted to make up your own lyrics, put them to music and perform? Well now is your opportunity. This class is a great way to develop expressive language skills, to develop self-confidence, and to perform for a group of peers. Join the instructors for a creative, fun and summer musical mystery experience.

Photography Local photographer Annie Anderson will teach students the basics of photography. Topics covered in the course include the parts of a camera, basic operation of a camera, and how to set up a specific shot. Students will also engage in photo shoots throughout the community.

Piano Prep If you have an interest in music theory, or the desire to learn how to play the piano, then this is the class for you! This group class is designed to prepare students for the possibility of taking individual piano lessons. Class participants will learn the fundamentals of piano performance by exploring the basic concepts of Rhythm, Music Theory, Musical Symbols and Terms. A primary focus will be placed on Music Reading Readiness. An introduction to the Great Composers will be included to further enhance this musical experience. Students will become familiar with the keyboard, as time is spent together at the piano. If you are interested in the possibility of pursuing vocational opportunities in the field of music, this class is a perfect fit.

Summer Film Project Do you love movies? Ever wish you could make one? Are you the next Steven Spielberg? If you answered yes to any of these questions you should enroll in The Art of Imagination's upcoming film class. David Ackermann is back again to assist budding filmmakers create their own short film group project. The class will culminate with a world premiere of the movie for friends and families.

Watercolor This watercolor course offers instruction and opportunities for practice in basic wet and dry techniques, washes, blends and use of transparency. Explore and practice with a variety of special techniques for solving texture and masking problems. Experienced students will concentrate on composition, technical skills, paint consistency and color development.



Career Planning and Development

Career Exploration 1 This class is intended to help students develop a career pathway by using information gathered from research, career assessments, and job site observations. Students will be guided through a process of career exploration that will help them to develop an individualized vocational goal. This class will be especially beneficial to students who may want to work in the community, but need some additional information before deciding on what type of career might be best for them.

Child Development 1 Do you have a desire to work with children in a day care setting? Are you a parent? This class is for you! During this class, we will discuss a wide range of topics related to children from birth to 3 years old. The curriculum covers topics such as feeding, diapering, and clothing a small child, as well as, lessons on essential safety; traveling with a baby; and appropriate play time activities that stimulate development.

Job Club The decision to look for a work can be a big decision for an individual with a disability. Looking for a job and navigating the challenges are made easier when you're not alone. Job Club is meant to help an individual understand what is involved in looking for, getting, and keeping a job. To support each individual's success, Job Club provides the basic tools to get them started and keep them motivated along the way. Some of the topics that are covered in Job Club include: Self-Awareness, Communication, Assessing Vocational Interests, Goal Setting, Job Searching, Resume Development, Interview Skills, and Being a Good Employee. Job clubs are commonly used by people without disabilities seeking all levels of employment, from entry level positions to executives, and are becoming increasingly popular as unemployment rates rise. Members of the group celebrate each other's strengths and collectively develop smart solutions to overcome the obstacles faced in a job hunt.

Job Readiness Through Volunteering This class will focus on volunteering as a hands-on way to gain practical work experience. Through volunteering, students will learn skills including timeliness; responsibility for their tasks; and behavior appropriate for the workplace. By engaging in meaningful activities at several local non-profits, students will explore various ways to engage and to make a difference throughout the community. From volunteering at a local human services agency to working as a social club assistant at a retirement home, the possibilities are open and the opportunities to help are without limits. In the process, students learn about their skills and how they can contribute, which makes this class appropriate for individuals seeking future employment, but also for individuals who are just looking to make a difference.

Travel and Transportation Do you walk, ride a bike, ride the bus, drive a car, or ride in airplanes? We all encounter transportation every day of our lives. Being able to navigate transportation is essential to working, going to school, and enjoying recreational opportunities. This course covers safety, time management, and planning related to travel. We will be going for walks, discussing bike safety, completing bus training, and exploring preparation related to airplanes.

Communication / Language Arts

American Sign Language Starting with the basics, this class offering is for individuals who want to become familiar with using American Sign Language. For some students, it may simply be a curiosity, a way to learn how to sign certain songs or famous phrases so they can impress their peers and families, but in other cases, knowing sign language can truly become a vocational benefit. This class plans to explore the Deaf and Hard of Hearing community and culture, as well as, how individuals adapt for work and life in the community.

Creative Writing and Journaling This class is a broad-based introduction to various forms of writing such as short fiction and poetry. Students also experiment with writing these genres. The class is usually comprised of technique and style discussions, reading assignments and writing exercises. Individuals will be introduced to the concept of a writing workshop, wherein they share pieces with peers in order to give and receive feedback. Students will tell their own stories through creative writings, drawings, and poetry. Journaling is a way for people to express their thoughts, feelings, fears and successes and to reflect back on their journeys in life. Vocationally speaking, learning to express yourself is an essential workplace skill. Communication, introspection, and developing language skills are often key to workplace success.

Introduction to Communication How do you communicate? The way we communicate says a lot about who we are and how we interact with the world. This course helps students develop and improve fundamental and effective communication skills. Through role playing, scenarios, and lessons, students will begin to understand interpersonal communication, active listening, non-verbal communication, and communicating purposefully in the community.

Culinary, Hospitality & Horticulture

Cooking 1 Snack, lunch, breakfast, simple dinners, and dessert! Sound delicious? Well this class may be for you! Many of the students in this class are looking to gain or develop skills required for planning and making their own easy meals. The basics of preparing, heating, and storing meals are explored in the class. Students are also taught about basic tools and appliances used in the kitchen, as well as, cleaning after use. This class is for the beginning home cook, but is always a fun class for those looking to gain more skills in the kitchen.



Continuing Education Classes

Cooking 2 This advanced level course is more in-depth than Cooking 1. This class offers a more detailed look at kitchen utensils, equipment, and appliances used in a home kitchen. Students learn about basic kitchen safety including cross contamination, refrigeration, and proper handling of kitchen utensils such as knives and pot holders. Students learn how to read recipes, understand measurements, and create a meal together. After planning the week's menus together, students go grocery shopping as a class, reinforcing money management and budgeting skills. This course offers basic information regarding health requirements when handling food and basic food preparation, perfect for an individual considering a career in food service. **Prerequisite: Cooking 1.**

Horticulture This class is an introduction to basic horticulture. The curriculum covers the basic principles related to working with plants and soil, plant identification, tool use and safety, and the growing requirements of different fruit, vegetable, and flowering plants. Particular focus will be paid to the basics of pursuing a vocation in landscape and floral design. This includes developing terminology used in the greenhouse/nursery field, understanding the working conditions of such a career, and gaining hands-on experience in growing plants.

Independent Living Skills

Independent Living What skills do you need to be a responsible adult? Whether you live at home, in your own apartment, or with an extended family, everyone can benefit from learning skills to manage our daily lives. The curriculum for this class will cover time management, balancing work and homelife, scheduling transportation, taking care of one's health and hygiene, how to make easy snacks, basic budgeting, and managing household tasks. This is a well-rounded course that will also include troubleshooting and discussions based on independent living issues, concerns, and experiences that students share in class.

Literacy & Workplace Skills

Learning Strategies Everyone learns differently! This class will explore the different ways individuals learn as well as how to apply these new approaches to areas of interest. We will discuss the different learning modalities such as kinesthetic (hands-on) learning, visual-spatial learning, and interpersonal learning. Personal learning styles will be covered as well as how individuals can begin to articulate their learning needs to others. We will practice these learning styles by building knowledge in six different career interest areas (working with animals and food, working in an office and grocery store, and being an artist or a child care worker).

Self-Determination and Self-Advocacy The purpose of this course is to enable students in applying self-determination and self-advocacy skills in school, at home, in the community, and in employment settings. Students will increase self-awareness of personal abilities and develop an understanding of the impact of their own disability on learning and on other areas of life. Using strengths, skills, and accomplishments students assess personal needs and accommodations. Includes instruction on effective and assertive communication that enables and individual to have their needs and accommodations considered or met.

Math

Community Math Math is everywhere and in this class, students will learn about the everyday math that surrounds them. Community math terms will be discussed as well as practical ways to approach math in the community. Topics covered in this class include maps, recipes, streets, phone numbers, computers, and menus. We will also discuss personal spending habits, tax, tipping, and sales! Money skills are explored in tandem with this curriculum as well as apps and other technologies that can assist the individual in reaching their community math goals.

Math Level 1 The focus of this class is basic everyday math that most individuals encounter in the community. The curriculum includes money math, menu math, digital and analog time, as well as basic bank account management skills. It is designed for students working at a 1.0 – 3.0 reading level and serves as a starting point for higher level math classes. In addition to math terminology and simple arithmetic, students will become familiar with common financial language, as well as restaurant and community math terms.

Natural Sciences

Science and Chemistry In this class students will explore the world around them through chemistry and science. We will be using common household objects and goods to create explosive experiments, to discover how familiar items interact, and to use science as a tool in understanding our world. This class is meant to develop communication skills, to help individuals develop comprehension skills such as cause and effect, and how to navigate problem solving and conflict management.

Personal Growth & Development

Boundaries Learning how to set healthy boundaries is a way to care about ourselves and others we associate with. Boundaries are essential in developing positive relationships at work as well as private relationships in our personal lives. The class will cover boundary issues related to personal responsibility, time, privacy, energy, space, authority, money, socialization, negotiation, relationships and professional environments. Through role playing, introspective activities, group work, and modeling, the class will learn how respecting others is a way to understand where professional and personal boundaries begin and end.



Continuing Education Classes

Fitness and Movement This class will cover the basics of sports and dance preparation, play, and safety. Students in this class will have the opportunity to visit local parks and participate in several sports including walking, simple team games, ladder golf, horseshoes, frisbee golf, kickball, softball, and basketball. We will also have a short unit on dance and other activities such as yoga and tai chi.

Independent Study We offer independent study as an option to work on projects or lessons that are outside of our typical class offerings. Students who wish to design and complete individual study projects geared to their particular interests, aptitudes and needs may register for this option. Plans must be approved by a coordinator who supervises and monitors the project outcomes. This study provides the student with an opportunity to participate in the creation of academic learning experiences geared to individual needs, interests, aptitudes and desired outcomes. Class size is limited and the student must have a clear idea of what they would like to focus on.

Sex Education and Personal Health 1 This course is designed to assist students in obtaining accurate information; developing lifelong positive attitudes and behaviors; and making wise decisions related to their personal health. Study will include personal and community health; mental, emotional, and social health; hygiene and sexual health. Central themes are the acceptance of personal responsibility for personal and sexual health; respect for and promotion of the health of others; an understanding of the process of development and sexuality; and informed use of health-related information, products, and services. We will be discussing sensitive, but important topics related to sexuality, boundaries, personal choice, appropriateness, and personal safety. This is an introductory sex education course.

Reading

Phonics In this class, students with basic reading skills will learn phonemic and phonological awareness, letter-sound correspondence, and phonograms. The teacher will begin with a simple review of the sounds of all consonants and vowels and then model how to sound out the sounds each letter makes. The class will then move to letter blends and sounding out full words, ending each class day with a short narrative read as a group, to practice the skills learned as well as to develop beginning reading comprehension.

Reading Comprehension In today's world it is more important than ever to understand how to draw meaning from what you read. Students and employees are actually required to read more than they ever have in the past including how-to books, technical manuals, and on-line reading resources. Geared for mid-level readers (4.0), this class uses a wide variety of subjects to maintain student interest and emphasizes several skills involved with reading comprehension including identifying characters and settings; locating information; using context clues; understanding main ideas; making inferences; and drawing conclusions. This class is formatted like a book club, with real-time discussions and explanations of the readings.

Reading Level 1 Designed for readers with basic skills, this class employs the Edmark Reading Program's "Supplemental Stories," which are intended as practice reading activities to support the key words students will learn in each lesson. Students will also learn sight words and basic letter sounds. As the class progresses, students, will move beyond word recognition to more detailed narratives that will be comprehensive in nature and will help develop critical thinking skills.

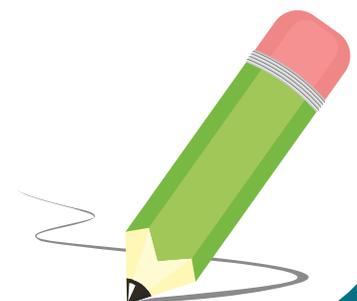
Social Sciences

Current Events This course is structured to give individuals an understanding of current issues in many areas of a political, social, and economic nature. This information can be used by individuals to build social relationships at work, for dinner time conversations, or to broaden an individual's experiences. The course is fluid in nature, meaning that the topics and the amount of coverage on the topics will fluctuate on any given day, week, or month depending on topics current in the media. The instructor will use various learning strategies to explore current events leading students to a deeper understanding of what is happening in the world around them.

Technology, Information and Media

Computer Basics This class is for any individual who is looking to gain or build basic computer skills. Students enrolled in this class will learn the basics of powering on/off a computer; using a mouse to navigate the Windows operating system; and basic steps to ensure safety. The students will explore the internet, as well as, programs such as Microsoft Word and PowerPoint. Students will also develop basic written and verbal communication skills; will learn to use speak-to-text apps; and will have the opportunity to develop or work on their resume.

Critical Thinking With Tablets Students will develop critical thinking skills while exploring how to use this form of technology in both casual and professional/vocational environments. Designed for beginning and intermediate tablet users, the curriculum is designed for individuals interested in decoding mysteries, solving puzzles, and learning new facts about many different topic areas. The students will continue to build on their knowledge of how to use tablets efficiently and safely all while playing games, learning about careers, and utilizing the wealth of information available on the internet. The class will stimulate thought and develop critical thinking skills through the use of tablet-based scavenger hunts, quizzes, games, and investigations.





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**Please contact
Cherie McCreary to
enroll in classes. She can be
reached at:
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402.342.4418 ext. 19.**

Enrollment and General Information



**Join us for our Summer
Continuing Education Session!**

Most classes are offered at the Ollie Webb Center, unless otherwise specified. In particular, several Art of Imagination and computer classes are provided off-site. Arrangements are made throughout the day to transport students to and from classes (if necessary) once they have

arrived at our center. If enrolling for an offsite class only, then the student would use their typical mode of transportation to and from that class.

As noted on page one, we have added an asterisk next to the classes that are offered more than once throughout this session. If you are torn between two classes during a particular time period; this will notify you of the possibility that one of the classes may be offered at another time allowing you to sign up for both classes if it fits into your schedule.

**Please sign up
early, as classes
can fill very
quickly.**

**Registration
Deadline:
May 27, 2015**