The Arc of Nebraska
44th Annual Arc Senatorial Dinner

Wednesday, February 4, 2015 • 6:00 to 9:00 p.m.
Legislative Briefing 4:00 to 6:00 p.m.

Corhusker Hotel • 333 South 13th Street • Lincoln, NE

Cost for Arc members - $40/in advance or $45/at the door.
Reservations are due by January 26, 2015

The Arc of Nebraska will host its 44th Annual Senatorial Appreciation Dinner on February 4, 2015. State Senators will be present to meet with you as you share personal stories along with your vision for people with developmental disabilities. The Arc of Nebraska feels it is very important for family members to make personal contact with their state senator to let them know you are part of a larger group that is advocating for people with disabilities.

Before dinner, Arc members and advocates may attend a legislative briefing to learn about bills before the legislature. The evening includes a social hour (6:00 p.m.) and formal dinner (7:00 p.m.). The evening culminates with the presentation of the Harold Sieck Public Official of the Year Award. This award is given to an elected public official who has had a positive influence on the lives of people with developmental disabilities and their families.

Mission Statement
To enrich the lives of individuals with developmental disabilities and their families through support, programs and advocacy.

The Arc of Omaha is a member agency of the United Way of the Midlands and a Chapter of The Arc of Nebraska and the U.S.
Put Your Honey to Use

Caramel-Pecan Bars
Yield: Makes about 2 dozen
Total: 2 Hours, 15 Minutes

Ingredients:
3 1/2 cups coarsely chopped pecans
2 cups all-purpose flour
2/3 cup powdered sugar
3/4 cup butter, cubed
1/2 cup firmly packed brown sugar
1/2 cup honey
2/3 cup butter
3 tablespoons whipping cream

Instructions:
1. Preheat oven to 350°. Line bottom and sides of a 13- x 9-inch pan with heavy-duty aluminum foil, allowing 2 to 3 inches to extend over sides. Lightly grease foil.
2. Bake pecans in a single layer in a shallow pan 8 to 10 minutes or until lightly toasted and fragrant, stirring halfway through.
3. Pulse flour, powdered sugar, and 3/4 cup butter in a food processor 5 to 6 times or until mixture resembles coarse meal. Press mixture on bottom and 3/4 inch up sides of prepared pan.
4. Bake at 350° for 20 minutes or until edges are lightly browned. Cool completely on a wire rack (about 15 minutes).
5. Bring brown sugar, honey, butter and whipping cream to a boil in a 3-qt. saucepan over medium-high heat. Stir in toasted pecans, and spoon hot filling into prepared crust.
6. Bake at 350° for 25 to 30 minutes or until golden and bubbly. Cool completely on a wire rack (about 30 minutes). Lift baked bars from pan, using foil sides as handles. Transfer to a cutting board; cut into bars.

2015 Arc of Omaha Membership Drive!

“Time and money spent in helping people to do more for themselves is far better than mere giving.” ~ Henry Ford

You are doing more than mere giving when you become a member of The Arc of Omaha. You are supporting efforts to help individuals with developmental disabilities and their families lead lives of greater independence, productivity, integration, inclusion and self-determination. By joining now, your membership will be valid for the calendar year 2015. Membership options are outlined below.

The privileges of membership in The Arc of Omaha include:

Use of the Ollie Webb Center, Inc. pass to the Henry Doorly Zoo, discounts to many activities and events for individuals of all ages sponsored by The Arc of Omaha, support from The Arc of Nebraska and The Arc of the United States, including representation at local, state and national policy forums and publications sharing important information on a variety of topics, and the satisfaction of supporting a local agency that informs the public of the needs, rights and abilities of individuals with developmental disabilities.

The Arc of Omaha 2015 Membership Form

Your membership will be valid from January 1 through December 31, 2015

Thank you for your past support! Please consider once again being a part of our team!

Name (s) ____________________________________________________________
(As you wish it to appear when we publicly recognize our members.)

Address ____________________________________________________________
City/State____________________________________________________ Zip _________________

Phone _________________________ E-mail ** __________________________________________

**May we send our monthly newsletter to your e-mail address: ____Yes  ____No

Each Single Membership is entitled to one (1) vote. Each family membership is entitled to two (2) votes.

Please circle:  Single $25  Family $40  Contributing $75  Sustaining $100  Corporate $150

☐ I would like to sponsor an additional single membership for a person who is unable to pay, for an additional $25

Total amount enclosed: $______________

Please make your check payable to Ollie Webb Center, Inc. Mail this form and your check to:
Ollie Webb Center, Inc.,  1941 South 42nd Street, Suite 122, Omaha, NE 68105
Your contribution is tax deductible.
Ollie Webb Center, Inc. is proud to offer Sibshops in Omaha. Sibshops are lively celebrations which convey a sense of joy, wonder, and play!

What:
This award-winning nationally affiliated program for youth ages 6 to 13 is uniquely designed to provide high-energy activities for siblings of children with developmental disabilities. Sibshops is a place where siblings may obtain peer support and education within a recreational context; while having fun, sibs connect with each other about similar experiences.

When:
Sibshops are held the 2nd Saturday of the month. 6-13 year old Sibs will meet on
September 13, October 11, November 8, December 13 January 10, February 14 March 14 and April 11 from 9:00 am. to Noon.

Who:
The brothers and sisters of individuals with developmental disabilities experience many of the same concerns as their parents as well as other concerns uniquely their own. A maximum of 20 youth ages 6-13 can participate each session. Lunch is provided.

Cost:
If you are an Ollie Webb Center, Inc. Member the cost is:
6-13 year olds - 8 sessions $100
Non-Members cost:
6-13 year olds - 8 sessions $125
Individual sessions may be purchased at $12.50 each for members and $15 each for non-members.

Contributions to the Sibshops Scholarship fund are welcomed and will help a sibling who cannot afford the opportunity to participate in Sibshops.

Upcoming Events:
Valentine’s Day themed activities • Saturday, February 14 • 9:00 a.m. - 12:00 p.m. at Celebration Covenant Church • 16868 Giles Road.
Please register by e-mailing aclark@olliewebbinc.org by February 10.

Where:
Sibshops will be held at a location to be announced. All registrants will be notified of the location prior to the first workshop.

How:
Contact Amanda at 402-346-5220 ext. 31 or aclark@olliewebbinc.org to receive a registration form.

Sponsored by:
This program is funded in part by a grant from the United Way of the Midlands.
LEAGUES
Please circle choice.

Monday night Leagues
at Great Plains PVA
March 9, 16, 23, 30,
April 6, 13th
♦ 6:00-6:30 Children
  (age 5-11)
♦ 6:30-7:30 p.m.
  Adult Leisure
♦ 7:30-8:30 p.m.
  Adult Competitive

Thursday night Leagues
at JP Lord School
March 12, 19, 26, April
2, 9, 16th
♦ 6:00-7:00 pm Teen
  (13-18) Leisure
♦ 7:00 – 8:00 p.m.
  Teen (13-18) Competi
tive

$35 Arc member/$45 non Arc member
Send completed registration form and check made out to:
OWCI, write “Basketball” in memo on check. Scholarships are available.
1941 South 42 Street, #122, Omaha, NE 68105.

Please circle team and time slot in which your athlete will participate.
If you have questions, please contact Denise Gehringer dgehringer@olliewebbinc.org

Stars Basketball Registration
Name_______________________________________________________________
DOB_________________________________________ Age__________
Address________________________________________________________________
City___________________________________________ State___________ Zip__________
Day Phone___________________________ Evening Phone________________________
Parents E-Mail Address______________________________________________________
Emergency Contact___________________________________________ Phone______________
Restrictions to physical activity ______________________________________________
Medical Diagnosis __________________________________________________________

I/We_____________________________________________, the parents/guardians of the above named
candidate for participation in Omaha All Stars Basketball, hereby give my/our approval for my/our child
to participate in any and all Omaha All Star Basketball activities. I/We agree to return any equipment
issued to my/our child in as good condition as when I received it except for normal wear and tear. I/We
give permission for the free use of my/our child’s name and or photo in any newspaper, broadcast, or
telecast of the Omaha All Stars Basketball program and for use in promotional brochures of The Arc of
Omaha at the Ollie Webb Center. I/We acknowledge that it is recommended to consult with my/our
child’s physician prior to beginning a new fitness or exercise program. I/We hereby release and hold
harmless the Great Plains Chapter Paralyzed Veterans of America, Inc. Dundee Elementary School and
The Arc of Omaha at the Ollie Webb Center, their officers, directors, employees, volunteers, and affiliates
from all liability and damages for personal injury and property damage which I/we may or my/our guests
and participants may suffer by participating in Omaha All Stars Basketball. In case of medical emergency
I/we give my/our permission for The Arc of Omaha at the Ollie Webb Center to arrange for transporta
tion for my/our child to the nearest medical facility to receive treatment. We request that one parent/
guardian be in attendance during the program.

Name of hospitalization plan________________________________________________________
Signature ___________________________________________________ Date ______________

Optional! Not required! STARS Basketball T-Shirt! Only $12 each
Quantity_____ Size (please circle) Youth M, Youth L, Adult S, Adult M, Adult L, Adult XL, Adult 2XL, Adult 3XL
Please include the T-Shirt payment in with the registration fee made out to OWCI, write “Basketball” in memo on check.
Winter Weather Policy
The following weather conditions may cause us to close our office and/or cancel/reschedule events.

❄ Heavy, accumulating, blowing and drifting snow
❄ Ten degrees or more below zero and/or wind chill
❄ Ice, sleet and/or freezing rain

If the weather is questionable, our services will be cancelled.
If Omaha Public Schools cancel their day/evening activities and/or staff deem it unsafe for travel our services will be cancelled.

Note: If you are not sure if an evening/weekend "Adult Services" event will be held or cancelled, call 402.346.5220 ext. 31 for event updates. Most decisions will be posted by 3:00 p.m. for evening activities, and 8:00 a.m. for daytime activities.

Foodie Fix
Thursday, February 12
Foodie Fix is a fun way to learn and reinforce basic skills in the kitchen, while spending time with friends. We cook, then eat together!

6:00 to 8:00 p.m. @ OWCI
Cost:
$15/Arc member & $20/non-member
Please note:
Class size is limited to 7 people.

Registration info will be sent upon confirmation of space availability. Contact dgehringer@olliewebbinc.org to see if space is available.

Coming soon
Zumba & Social Skills Classes!

Please check out our website:
www.olliewebbinc.org!

Like us on Facebook!
The PRISM Project is sponsored by the Arc of Omaha at Ollie Webb Center, Inc., with assistance from the United Way of the Midlands and the Nebraska Department of Education.
NEXT CHAPTER BOOK CLUB
by Denise Gehringer, Program Coordinator
dgehringer@olliewebbinc.org

• Book Clubs meets once a week for an hour as a small group at a local coffee shop to read and discuss a book.
• All reading levels can participate!
• Members enjoy social connections and the delight of expanding their literacy.
• The club in West Omaha meeting on Wednesday night has open spots. Contact Denise ASAP if you would like to get involved!
• New club forming in the Papillion and Bellevue areas. Interested volunteers & new members contact dgehringer@olliewebbinc.org.

Friendship & literacy in a community setting!
The Ultimate Life Program is the place to be for fun and friends!

The Ultimate Life Program is a fee-based recreation program for adults with intellectual and developmental disabilities 18 years and older. This program offers opportunities for adults to participate in small, planned group activities or one-on-one outings of their choice in the community. Trained companions accompany participants. Transportation to and from the activities is part of the program.

APPLY NOW!
Registration fee $30.
For an application, contact:
dgehringer@olliewebbinc.org

Our Ultimate Life Companions Rock!
Food and Friends  
Date: February 2, 2015  
Time: 5:30-7:30 p.m.  
Being able to cook is such an important life skill, join us for a fun filled evening of socialization while practicing our skills of cutting, spreading, measuring, and many other cooking skills! Meal is provided!  
Location: OWCI  
Cost: $15 for Arc members/$20 for non-Arc members  
RSVP to Amanda Clark

For Adult Services and Just Friends Participants

The Sweetheart Dance  
at Gross High School  
Dancing, Music and Refreshments

Sunday, February 15  
1:00 - 3:00 p.m.  
Gross Catholic High School  
7700 South 43rd Street,  
Bellevue, NE

Cost $10 for participants and no charge for staff/parents  
Send RSVP to Amanda Clark by February 9 or e-mail/call by February 13: aclark@olliewebbinc.org or 402.346.5220 ext. 31

It’s a Working World  
This series is offered in partnership with the Ollie Webb Center, Inc. Employment Department.  

February 10, 17, 24  
5:30 to 7:30 p.m. at OWCI  
Cost: $45 for 3 weeks. RSVP by Tuesday, February 3.

Everybody wants to work! But how do we prepare ourselves for this working-world? What skills do we need to obtain, work on or refresh? During this class session (open to members and non-members 13 and up), individuals will focus on:

- **Interpersonal skills** – getting along with co-workers and supervisors  
- **Communication skills** – interviewing, listening, speaking clearly, following directions  
- **Developing flexibility** – working on different tasks and in varied work teams  
- **Productivity** – working quickly and accurately, meeting deadlines  
- **Organizational skills** – setting priorities, completing work as assigned  
- **Problem solving** – making decisions, taking responsibility  
- **Personal appearance** – hygiene and appropriate work attire  
- **Attendance and punctuality** – arriving each day on time and maintaining consistent attendance
RESERVATION FORM – Just Friends

Name:_____________________________________________________ Phone #: (_____)_______________
Address:___________________________________________________ Zip: _________________________
Date of Birth:______________________
Emergency Contact ________________________                  Emergency Phone : _______________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Food & Friends (February 2) ..............................................................$15 Arc member/ $20 non-member

“It’s a Working World” Classes (February 10, 17, 24)......................$45 for 3 weeks
Interviewing and job development skills

Sweetheart Dance at Gross High (February 15)..............................$10 Arc member/ $15 non-member

March Iron-Chef Event  (March 7)......................................................$15 Arc member/ $20 non-member
Look for details in the March issue of the Gazette

Total Enclosed: $____________  Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Just Friends, 1941 South 42nd Street, Suite 122, Omaha, NE 68105

Save the Date
March 7, is our 4th annual Iron-Chef event! Look for details in the March issue of the Gazette.

Congratulations to our newest mentor/mentee matches!
Pictured (from left to right): Daniel Holm, Christian Hermosillo, Oscar Hermosillo and Ben Clark

JUST FRIENDS NEWS
(Ages 13 -18)
by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org
Valentine’s and St. Pat’s Crafting, Activities and Pizza with Creighton Friends

Valentine’s and St. Pat’s Crafting, Activities and Pizza with Creighton Friends is sponsored by Creighton University’s Occupational Therapy Students.

Friday, February 13
Friday, March 20
5:00 - 7:00 p.m.
at Ollie Webb Center, Inc.

Cost: $5 includes pizza and all activities to-be-announced.

Participants only (staff may wait in lobby or drop off)

MUST RSVP in advance, and pay in advance or at the door. Send RSVP form to Amanda by February 9 and March 16.

Food and Friends

Food and Friends is a fun way to reinforce basic skills in the kitchen, while spending time with new and old friends. We cook then eat together.

5:30-7:30 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 7 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is available.

February 3: Send RSVP form to Amanda by January 29 or call/e-mail by February 2.
March 3: Send RSVP form to Amanda by February 28 or call/e-mail by March 2.

Lunch and Movie

Lunch and Movie is an afternoon of relaxing and socializing over lunch and after that we watch the latest blockbuster DVD on the large projector screen at the Ollie Webb Center. (Film and lunch suggestions are always welcome.)

12:30-3:00 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 12 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is available.

February 28: Send RSVP form to Amanda by February 23 or call/e-mail by February 26.
March 28: Send RSVP form to Amanda by March 23 or call/e-mail by March 26.
**Adult Services**
(Ages 19 and Older)
by Amanda Clark
aclark@olliewebbinc.org

**The Sweetheart Dance**
at Gross High School  
Dancing, Music and Refreshments  

**St. Pat’s Bingo**  
Light refreshments and Bingo with great prizes!

**Sunday, February 15, 2015**  
1:00 - 3:00 p.m.  
Gross Catholic High School  
7700 South 43rd Street,  
Bellevue, NE

**Saturday, March 14, 2015**  
2:00 - 4:00 p.m.  
Mockingbird Community Center  
10242 Mockingbird Drive, Omaha, NE

Cost $10 for participants and no charge for staff/parents

Send RSVP to Amanda Clark by February 9 or e-mail/call by February 13: aclark@olliewebbinc.org or 402.346.5220 ext. 31

**Send RSVP to Amanda Clark by March 9 or e-mail/call by March 11:** aclark@olliewebbinc.org or 402.346.5220 ext. 31

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**RESERVATION FORM – Adult Services**

Name: ___________________________________________ Phone #: (___)___________

Address: ___________________________________________ Zip: _________________________

Date of Birth: ______________________

Emergency Contact ________________________       Emergency Phone :  ________________________

Will Staff be accompanying to event?  (Indicate which event) ______________________________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDsWith PAYMENT

Food & Friends (February 3) (March 3) ..................................................$15 Arc member/$20 non-member

Crafts with Creighton (February 13) (March 20) ......................................$5 each night

Sweetheart Dance (February 15) ..............................................................$10 /$0 staff/parents

Lunch and a Movie (February 28) (March 28) ...........................................$15 Arc member/$20 non-member

St. Pat’s Bingo (March 14) .................................................................$10 Arc member/$0 staff/parents

Total Enclosed: $ __________  Please make checks payable to: Ollie Webb Center, Inc.

Return to: Ollie Webb Center, Inc., Adult Services, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
**DrawSpace: Advanced Drawing Techniques and Special Projects**

The Art of Imagination's DrawSpace project is entering its second semester. The advanced drawing class grew out of the earlier Amazing Invincible Super Comic Book Project! and continues to be led by local comic book artist and illustrator Tim Mayer. Projects completed to date by the DrawSpace students include personal board games, giant paper mache heads, and group comic projects, among others. The class also spent a few weeks practicing life drawing and basic sketching techniques.

The images pictured here include the game board and game pieces for Brian's The Great Humiliate board game and the board for Amy's game, Pizza-Vengers.

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**Hip Hop Dance Class**

Saturdays, March 7 - April 25
2:00 - 3:00 p.m.

Come, join award-winning, nationally-recognized, Rose Theater choreographer, Sue Booton for an 8-week hip hop dance mini-course at the Ollie Webb Center. The class will meet every Saturday from 2:00 - 3:00 p.m. All experience and ability levels are welcome. For cost and other questions, please contact Cherie McCreary at 402-342-4418 ext.19 or cmccreary@olliewebbinc.org.
Say hello to one of our newest instructors. Sabrina began working at Ollie Webb Center in July 2014. She loves working with students and seeing “lights” go on when they comprehend class material. Teaching students keeps Sabrina on her toes and makes a difficult day better just by a student’s smile. Sabrina also likes her co-workers.

A friend once told Sabrina, “If you like getting up and going to work, then it is not a job.’ This is exactly how she feels about the Ollie Webb Center. She feels as if she is leaving one family and joining another and that makes Sabrina feel great about the work she does. Her ultimate goal is to make a difference in each student’s life.

On a personal note, Sabrina has been married to her husband Keith for 24 years. They have four children: Holly, Sarah, Patrick and Casey and live in Plattsmouth. In her spare time, Sabrina stays busy taking her children to extra-curricular activities, walking, cooking and reading. She is also active in her church choir and worship committee. Sabrina completed her Bachelor’s Degree in Human Resource Management in June 2014 and is currently working on her Masters with an estimated May 2016 graduation.

For the Winter/Spring session, Sabrina is teaching: Introduction to Communication, Stress Management, Cooking-Level 1, Healthy Relationships and Culinary Hospitality.
Announcing the winners of the Winter Wonderland Doors of 2014!!! Thank you to all who participated. It was fun seeing all the talent we have here in the office!

**Most Creative Door:**
Alan Snowman  
Dena/Mike’s Door  
Designers: Cherie & Alan

**Cutest Door:**  **Rudolph Door**  
Art Room Door  
Designers: Tanya & Erin

**Funniest Door:**  **Staff Sliding Down Hill**  
Job Development Door –  
Designers: Kim & Shawn

**Overall Best Door:**  **Ice Skates**  
Jim’s Door  
Designers: Denise & Mercedes
### Administrative Office Staff

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Ext.</th>
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<tbody>
<tr>
<td>Laurie Ackermann</td>
<td>Executive Director</td>
<td>17</td>
</tr>
<tr>
<td>Lisa Dougherty</td>
<td>Human Resource Manager</td>
<td>22</td>
</tr>
<tr>
<td>Mavis Hall</td>
<td>Accounting Associate</td>
<td>21</td>
</tr>
<tr>
<td>Jenny Koley</td>
<td>Receptionist</td>
<td>27</td>
</tr>
<tr>
<td>Cathy Smith</td>
<td>Controller</td>
<td>26</td>
</tr>
<tr>
<td>Kerree Taylor</td>
<td>Administrative Assistant</td>
<td>10</td>
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### Serving the Programs of The Arc of Omaha

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Judy Bednarz</td>
<td>Program Specialist (Stars Basketball)</td>
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<tr>
<td>Amanda Clark</td>
<td>Program Coordinator (Adult Services, Just Friends, Sibshops)</td>
<td>31</td>
</tr>
<tr>
<td>Denise Gehringer</td>
<td>Program Coordinator (PRISM, Book Club &amp; Ultimate Life)</td>
<td>33</td>
</tr>
<tr>
<td>Jen Rauch</td>
<td>Program Specialist (Best Buddies)</td>
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<tr>
<td>Colleen Swanson</td>
<td>Program Assistant</td>
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### Serving the Programs of Career Solutions, Inc.

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<tbody>
<tr>
<td>Annie Anderson</td>
<td>Education Coordinator</td>
<td>23</td>
</tr>
<tr>
<td>Dave Brown</td>
<td>Independent Living Coordinator</td>
<td>20</td>
</tr>
<tr>
<td>Lydia Clark</td>
<td>Independent Living Manager</td>
<td>24</td>
</tr>
<tr>
<td>Kim Hall</td>
<td>Employment Services Manager</td>
<td>28</td>
</tr>
<tr>
<td>Jim Hoggatt</td>
<td>Artistic Director</td>
<td>30</td>
</tr>
<tr>
<td>Dena Launderville</td>
<td>Education Coordinator</td>
<td>15</td>
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<tr>
<td>Theresa Lehmer</td>
<td>Program Specialist</td>
<td>10</td>
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<tr>
<td>Mike Loftus</td>
<td>Education Coordinator</td>
<td>13</td>
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<tr>
<td>Cherie McCreary</td>
<td>Intake &amp; QA Specialist</td>
<td>19</td>
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