SAVE THE DATE!

We are excited to be a part of our city’s giving holiday - Omaha Gives! on May 20, 2015!

Ollie Webb Center, Inc. has the chance to win matching funds and prize money for donations coming in. Get ready to prove how generous Omaha can be!

Learn more or donate at Omahagives24.org
Put Your Honey to Use

Honey Banana Bread

Ingredients:
- 4 cups Flour
- 1 cup Oil
- 4 tsp. Baking Powder
- 1 cup Honey
- 1 tsp. Salt
- 2 Eggs, slightly beaten
- ¾ cup Walnuts
- 6 tablespoons Buttermilk
- 2 cups Mashed Bananas

Instructions:
Combine all ingredients and bake in a greased loaf pan at 350°F for 1 hour and 10 minutes. Yields 2 loaves.

The Buzz on Honeybees
Honeybees are not native to North America. They originated in Southeast Asia.

Three kinds of bees live in a hive:

One female Queen bee – she populates the hive.

Many female worker bees – they collect the pollen and maintain the hive.

A few male Drones – they are there to serve the queen.

2015 Arc of Omaha Membership Drive!

“Time and money spent in helping people to do more for themselves is far better than mere giving.” ~ Henry Ford

You are doing more than mere giving when you become a member of The Arc of Omaha. You are supporting efforts to help individuals with developmental disabilities and their families lead lives of greater independence, productivity, integration, inclusion and self-determination. By joining now, your membership will be valid for the calendar year 2015. Membership options are outlined below.

The privileges of membership in The Arc of Omaha include:
Use of the Ollie Webb Center, Inc. pass to the Henry Doorly Zoo, discounts to many activities and events for individuals of all ages sponsored by The Arc of Omaha, support from The Arc of Nebraska and The Arc of the United States, including representation at local, state and national policy forums and publications sharing important information on a variety of topics, and the satisfaction of supporting a local agency that informs the public of the needs, rights and abilities of individuals with developmental disabilities.

The Arc of Omaha 2015 Membership Form
Your membership will be valid from January 1 through December 31, 2015

Thank you for your past support! Please consider once again being a part of our team!

Name (s) _________________________________________________________________________
(As you wish it to appear when we publicly recognize our members.)

Address _________________________________________________________________________
City/State____________________________________________________ Zip _________________

Phone _________________________ E-mail ** __________________________________________

**May we send our monthly newsletter to your e-mail address:   ____Yes     ____No

Each Single Membership is entitled to one (1) vote. Each family membership is entitled to two (2) votes.

Please circle:

- Single $25  
- Family $40  
- Contributing $75  
- Sustaining $100  
- Corporate $150

☐ I would like to sponsor an additional single membership for a person who is unable to pay, for an additional $25

Total amount enclosed:  $______________

Please make your check payable to Ollie Webb Center, Inc. Mail this form and your check to:
Ollie Webb Center, Inc., 1941 South 42nd Street, Suite 122, Omaha, NE 68105

Your contribution is tax deductible.
Hooked on Fishing

Sunday, June 7, 2015, 10:00 a.m. - 2:00 p.m.

You are invited to fish with members of the Small Boat Bass Club at two privately-owned, well-stocked lakes in a park-like setting just outside of Omaha near Two Rivers State Park. The Small Boat Bass Club will provide fishing helpers and fishing equipment to catch the big one! Lunch will be provided for everyone thanks to the SBBC and their many sponsors.

This event is by reservation only—**Reservations are limited to 150, immediate family members only please.**

To register go to: [http://owci-hooked-on-fishing2015.eventbrite.com](http://owci-hooked-on-fishing2015.eventbrite.com)

Special Note: Maps and directions to the site location will be e-mailed one week prior to the event to those that have RSVP’d.
Sibshops is an award-winning, nationally affiliated program for the brothers and sisters of individuals with developmental disabilities.

Sibshops are lively celebrations which convey a sense of joy, wonder, and play!

The program is uniquely designed to provide high-energy activities for the siblings of children with developmental disabilities. Sibshops is a place where siblings may obtain peer support and education within a recreational context; while having fun, sibs connect with each other about similar experiences. Lunch is served.

Sibshops are held the 2nd Saturday of the month from September through April.

*Please contact aclark@olliewebbinc.org to find out more about the program.*

**Cost:**

- **If you are an Ollie Webb Center, Inc. Member the cost is:**
  - 9-13 year olds - 8 sessions $100
  - 6-8 year olds - 4 sessions $50

- **Non-Members cost:**
  - 9-13 year olds - 8 sessions $125
  - 6-8 year olds - 4 sessions $60

*Individual sessions may be purchased at $12.50 each for members and $15 each for non-members.*

Contributions to the Sibshops Scholarship fund are welcomed and will help a sibling who cannot afford to attend the opportunity to participate in Sibshops.

Pictures from our April trip to the Zoo.

This program is funded in part by a grant from the United Way of the Midlands.
FAMILY SERVICES
(Tweens with Special Needs - ages 10 - 13 years old)
by Denise Gehringer, Program Coordinator
dgehringer@olliewebbinc.org

Join the Party!
Thursday, May 7 & 21, 2015
6:30 - 7:30 p.m.
Zumba-like Dance Party will help tweens develop a healthy lifestyle and incorporate fitness as a natural part of their week by making fitness fun.

Saturday, May 9, 2015
2:00 - 5:00 p.m.
Serve Parents at 5:30 p.m.
Foodie Fix is a fun way to learn and reinforce basic skills in the kitchen, while spending time with friends. We cook, then eat together!

Thursday, May 28, 2015
6:30 - 7:30 p.m.
Snack & Chat follows a Social Skills curriculum that offers the Tweens a practical way to develop social skills used for a lifetime! We’ll also have a healthy snack!

Cost: • Dance Party 2 Nights: $5/Arc member & $10/non-member
• Foodie Fix Iron Chef Event: $15/Arc member, $20/non-member, $5 fee per dinner guest
• Snack & Chat: $5/Arc member & $10/non-member

Please note: Class size is limited to 10 people.
Registration info will be sent upon confirmation of space availability.
Contact dgehringer@olliewebbinc.org to inquire if space is available.
Focus on Nutrition!
Addressing the Challenges of Feeding a Family Members with Special Needs

Please join Ollie Webb Center, Inc. PRISM project and Special Olympics Nebraska with funding from the Lions Club International to explore nutrition for our family members with special needs!

Featured Speakers:

Suzanne Milnes, PhD  Munroe-Meyer Institute Pediatric Feeding Disorders Clinic Picky Eater or Feeding Disorder?
Suzanne Milnes is a Licensed Psychologist and an Assistant Professor at the University of Nebraska Medical Center’s Munroe-Meyer Institute. She received a Bachelor of Arts from Purdue University, and a Master of Arts and a Doctorate of Philosophy in Clinical Psychology from the University at Albany State University of New York. Dr. Milnes completed her predoctoral internship and postdoctoral fellowship at the Munroe-Meyer Institute's Pediatric Feeding Disorders Clinic under the supervision of Dr. Cathleen Piazza. Dr. Milnes specializes in the assessment and treatment of pediatric feeding disorders.

Chef Corey Hall MMBQ and Dietician Whitney Larsen, RD, LMNT  Hiding Super Nutritious Food in Foods Kids Like to Eat
Chef Corey Hall MBBQ, Plattsmouth Hy-Vee Retail Chef grew up in Plattsmouth, Nebraska, and started his culinary journey in 1992. Chef Corey has worked for years in many of Omaha's finest restaurants, country clubs and institutions, learning from and apprenticing to some of the city of Omaha's most creative and talented chefs.

Whitney Larsen obtained her bachelor's degree in food science and human nutrition from Colorado State University in Fort Collins, Colorado. She then went on to complete her dietetic internship with the University of Northern Colorado. Whitney is an active member of the Academy of Nutrition and Dietetics (formerly the American Dietetic Association) and sits on the board at the state and district level.

Alisa Hoffman, Special Olympics Nebraska  Free Healthy Athletes Screening & Summer Healthy Habits Program

Date: Thursday, May 14, 2015
Dinner: 5:30 p.m.
Presentations: 6:00-8:00 p.m.
Location: UNO Barbara Weitz Community Engagement Center - 6001 Dodge St.

Reserved Parking Available for the first 40 RSVPs.
Childcare will be available for families of children with special needs.
Dinner will be served to all attendees.

Reservations required. RSVP at: http://focusonnutrition.eventbrite.com
Space is limited. RSVP by May 7! RSVP early to reserve your spot!
Questions to: dgehringer@olliewebbinc.org

Interpretation services available by request. Requests MUST be received by May 7th.

The PRISM Project is sponsored by the Arc of Omaha at Ollie Webb Center, Inc., with assistance from the United Way of the Midlands and the Nebraska Department of Education.
• Book Clubs meets once a week for an hour as a small group at a local coffee shop to read and discuss a book.
• All reading levels can participate!
• Members enjoy social connections and the delight of expanding their literacy.
• New clubs forming in the Bellevue, South Omaha and Northeast Omaha areas. Interested volunteers and new members contact dgehringer@olliewebbinc.org.
The Ultimate Life Program is the place to be for fun and friends!

The Ultimate Life Program is a fee-based recreation program for adults with intellectual and developmental disabilities 18 years and older. This program offers opportunities for adults to participate in small, planned group activities or one-on-one outings of their choice in the community. Trained companions accompany participants. Transportation to and from the activities is part of the program.

APPLY NOW! Registration fee $30.
For an application, contact: dgehringer@olliewebbinc.org

Our Ultimate Life Companions are the Best!
Audition Notice

for

Project Blue Barn Theatre Partnership

Project Blue Barn Theatre Partnership is being funded by a generous grant from the Developmental Disability Council of Nebraska.

Monday and Tuesday, May 4 & 5, 2015
6:45 p.m.

Auditions will be held at Ollie Webb Center, Inc.

Actors with and without disabilities are encouraged to audition

Actors only need to attend one audition date. No preparation required.

For information, contact Jim Hoggatt at 402.342.4418 x 30 or jhoggatt@olliewebbinc.org

PROJECT II SELF-ADVOCACY

by Aimee Addison
aimeeaddison114@yahoo.com

Project II...is the local self-advocacy group in Omaha. Adult members come together monthly to learn and teach skills associated with self-advocacy—decision making, problem solving, speaking up, etc. We would like to have you participate with us by joining our group at a regular meeting or a special event. RSVP’s are required for all meetings and events, by e-mailing Aimee Addison [Advisor for Project II] at aimeeaddison114@yahoo.com. Dates and times are subject to change without notice.

May 15: Meeting
June 19: Meeting
August 14: Summer Dance 6:30 - 8:30 p.m. at PVA, 7612 Maple Street. Cost is $10. Refreshments and snacks will be provided. RSVP to Amanda Clark by August 10.
September 18: Meeting
October 16-18 (3 day trip) People First of Nebraska Convention in Kearney. Contact Aimee Addison for more information.
November 20: Meeting
Teen Food and Friends

Dates: May 4, 2015 (RSVP by May 1) & June 1, 2015 (RSVP by May 29)

Time: 5:30-7:30 p.m.

Being able to cook is such an important life skill, join us for a fun filled evening of socialization while practicing our skills of cutting, spreading, measuring, and many other cooking skills! Meal is provided!

Location: OWCI
Cost: $15 for Arc members/$20 for non-Arc members
RSVP to Amanda Clark

Zoo Trip

Saturday, May 16, 2015
11:00 - 1:00 p.m.

Drop off / Pick up at the Zoo
Cost: $15/Arc member & $20/non-member
RSVP to: aclark@olliewebbinc.org by May 12.

Fitness Club

Fitness Club is an afternoon of socializing, dancing, stretching and light strength-training. We’ll also talk about eating healthy and enjoy a light snack together.

Saturday, June 13, 2015
1:00 - 3:00 p.m.

OWCI
Cost: $5/Arc member & $10/non-member
RSVP to: aclark@olliewebbinc.org by June 10.

Thank You

Hy-Vee at 178th & Pacific Street and especially Chef Justin Wacker for being an incredible host!
Congratulations to our newest mentee/mentor matches!
Mariyka Campbell and Julia Gollobit
Sophia Kazmierski and Katie Ryckman
Avery Lovgren and Rachel Walet
Alex Liddell and Derek Smith

June Annual Picnic for Teens and Adults

Date: Friday June 12
Time: 6:00-8:00 p.m.
Location: Hanscom Park Pavilion (Brick building)  
(3212 Woolworth Avenue)

Dinner, Socializing, Dancing and Outdoor Activities  
(weather permitting)

Price: $15 for participants and $5 for staff/parents who eat.  
Please RSVP to Amanda Clark by June 8.

RESERVATION FORM – Just Friends

Name:__________________________________________ Phone #: (____)_______________
Address:______________________________________ Zip: _________________________
Date of Birth:____________________
Emergency Contact ________________________                  Emergency Phone : _______________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

May Teen Food & Friends (May 4) .................................................................$15 Arc member/ $20 non-member
Zoo Trip (May 16) .........................................................................................$15 Arc member/ $20 non-member
June Teen Food & Friends (June 1) ..............................................................$15 Arc member/ $20 non-member
June Teen Fitness Club (June 13) ...............................................................$  5 Arc member/ $10 non-member
June Annual Picnic (June 12).......................................................................$15 Arc member/ $20 non-member

Total Enclosed: $____________  Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Just Friends, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
Lunch and Film Club is an afternoon of socializing over lunch and watching the latest blockbuster DVD on the large projector screen at the Ollie Webb Center. (Film and lunch suggestions are always welcome.)

12:30-3:00 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 12 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is available.

May 30: Send RSVP form to Amanda by May 25.
June 27: Send RSVP form to Amanda by June 22.

Adult Food and Friends
Adult Food and Friends is a fun way to reinforce basic skills in the kitchen, while spending time with new and old friends. We cook then eat together!

5:30-7:30 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 7 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is still available.

May 5: Send RSVP form to Amanda by May 1.
June 2: Send RSVP form to Amanda by May 29

Game Night
Game Night is an evening of socializing and playing card games and board games at the Ollie Webb Center. Pizza dinner is included.

Friday, May 22, 2015
5:00 - 7:00 p.m.
OWCI

Cost: $10/Arc member & $15/non-member
RSVP form to Amanda by May 18.

Please note:
Class size is limited to 12 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is still available.

Zumba, Aerobics and Snacks in the Park with Ollie Webb Center, Inc. and Jewish Family Services
Our group will meet near the fountains
Sunday, May 17, 2015
11:30 a.m. - 1:00 p.m.
Stinson Park

$5 must be paid in advance with RSVP form to Amanda Clark by May 14th.
For Adult Services and Just Friends Participants
cosponsored by the City of Omaha Parks and
Recreation - Therapeutic Recreation

Fitness and Friends
Fitness and Friends is an afternoon of
socializing, dancing, stretching and light
strength-training. We’ll also talk about eating
healthy and enjoy a light snack together.

Saturday, June 20, 2015
1:00 - 3:00 p.m.

OWCI
Cost: $5/Arc member & $10/non-member
RSVP to: aclark@olliewebbinc.org
by June 15.

Please note:
Class size is limited to 12 people.
Before sending in your check/registration,
contact Amanda at 402.346.5220 ext. 31 or
aclark@olliewebbinc.org to see if space is
still available.

RESERVATION FORM – Adult Services

Name:_____________________________________________________ Phone #: (_____)________________
Address:____________________________________________________   Zip: __________________________
Date of Birth:____________________________
Emergency Contact ________________________       Emergency Phone :  _____________________________
Will Staff be accompanying to event?  (Indicate which event) _______________________________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Adult Food & Friends (May 5) (June 2)....................................................$15 Arc member/$20 non-member
Game Night (May 22) ......................................................................................$10 Arc member/ $15 non-member
Zumba, Aerobics and Snacks in the Park (May 17)...........................$  5
Adult Lunch and Movie (May 30) (June 27) ............................................$15 Arc member/$20 non-member
Annual Picnic (June 12)..................................................................................$15/participants and $5/staff/parents
Fitness & Friends (June 20)...........................................................................$  5 Arc member/ $10 non-member

Total Enclosed: $ __________ Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Adult Services, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
A Show of Support

Having supportive coworkers is something that everyone hopes for when they go to work. Cassie Lacy’s coworkers surprised her with a show of support on March 21 when they all wore purple for World Down Syndrome Day. Cassie has been working at Creative Hair Design since October 2013. It is a perfect job for Cassie, who loves fashion and having her hair and nails done regularly. Cassie helps with washing and folding towels and keeping the salon clean for customers. She works four days a week. A coworker made a flyer encouraging everyone to wear purple to show support and Cassie brought cookies to share with all her coworkers that day. Cassie said that her coworkers support her by asking her if she needs help. She says that she can return the favor by helping them when they need it.

Enriching Lives Because of You!

Be part of a passionate team working to daily enrich the lives of individuals with developmental disabilities. Direct Support Professionals assist with teaching vocational, life and social skills in our Continuing Education, Independent Living, and Supported Employment departments. Hours are flexible ranging from day to evening to weekends.

For more information, visit olliewebbinc.org. Join the Ollie Webb Center, Inc. Team to make a difference in another’s life as well as your own!
OLLIE’S PHOTO GALLERY

April Hand in Hand Event
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<td>Education Coordinator</td>
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<td>Dave Brown</td>
<td>Independent Living Coordinator</td>
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<td>Lydia Clark</td>
<td>Independent Living Manager</td>
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<td>Kim Hall</td>
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<td>Jim Hoggatt</td>
<td>Artistic Director</td>
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<td>Dena Launderville</td>
<td>Education Coordinator</td>
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<td>Theresa Lehmer</td>
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<td>Mike Loftus</td>
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<td>Cherie McCreary</td>
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<td>Elise Turille</td>
<td>Education Director</td>
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<thead>
<tr>
<th>Name</th>
<th>Title</th>
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<tbody>
<tr>
<td>Judy Bednarz</td>
<td>Program Specialist (Stars Basketball)</td>
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<tr>
<td>Amanda Clark</td>
<td>Program Coordinator</td>
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<td>(Adult Services, Best Buddies, Just Friends, Sibshops)</td>
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<tr>
<td>Denise Gehringer</td>
<td>Program Coordinator</td>
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<tr>
<td>Jen Rauch</td>
<td>Program Specialist (Best Buddies)</td>
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<tr>
<td>Amiee Addison</td>
<td>Program Assistant</td>
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<tr>
<td>Cheryl Hamilton</td>
<td>Program Assistant</td>
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<tr>
<td>Colleen Swanson</td>
<td>Program Assistant</td>
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