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Mission Statement

To enrich the lives of individuals with developmental disabilities and their families through support, programs and advocacy.

The Arc of Omaha is a member agency of the United Way of the Midlands and a Chapter of The Arc of Nebraska and the U.S.

Honey Sunday

Benefitting Ollie Webb Center, Inc.

Honey Sunday is an annual fundraiser. Proceeds benefit The Arc of Omaha at Ollie Webb Center, Inc., a local non-profit agency serving individuals with developmental disabilities and their families. Honey is sold in bear-shaped, 12-ounce bottles. $6.00 for 1 bottle, $10 for 2, or $15 for 3 bottles!

JOIN US FOR A “SWEET” VOLUNTEER OPPORTUNITY!

Corporations – Schools – Churches – Family and Friends

Sunday, November 2, 2014 • Noon – 4:00 p.m.

Volunteers are very important to this event – we’d like to involve EVERYONE! This is an excellent community service project for all ages. Volunteers, in small groups, go door-to-door in neighborhoods throughout Omaha to sell honey.

Corporations: Sell honey on site in lunchrooms or lobbies - or a friendly intra-office competition!

Schools: Opportunity for Student Volunteer hours – through door-to-door sales; at local places of business; or at school sponsored activities (sports, musicals, plays) provided by student clubs, organizations and/or civics classes.

Churches and Synagogues: Youth and service groups sell either door to door or after Worship services. A great way to get community service hours.

Family and Friends: Canvas your own neighborhood; reach out and share the sweetness across the city with your family and friends.

Participation is simple to arrange for group leaders. You provide the volunteers, and we handle the details.

To learn more or to volunteer, please contact:
Lisa Turner, Turner Events and Marketing
lisa@turnereventsandmarketing.com
(402) 926-1199

We need your help!

Please consider assembling a team to help sell honey on Honey Sunday. See all the details above.
2015 Arc of Omaha Membership Drive!

“Time and money spent in helping people to do more for themselves is far better than mere giving.” ~ Henry Ford

You are doing more than mere giving when you become a member of The Arc of Omaha. You are supporting efforts to help individuals with developmental disabilities and their families lead lives of greater independence, productivity, integration, inclusion and self-determination. By joining now, your membership will be valid for the calendar year 2015. Membership options are outlined below.

The privileges of membership in The Arc of Omaha include:

Use of the Ollie Webb Center, Inc. pass to the Henry Doorly Zoo, discounts to many activities and events for individuals of all ages sponsored by The Arc of Omaha, support from The Arc of Nebraska and The Arc of the United States, including representation at local, state and national policy forums and publications sharing important information on a variety of topics, and the satisfaction of supporting a local agency that informs the public of the needs, rights and abilities of individuals with developmental disabilities.

The Arc of Omaha 2015 Membership Form

Your membership will be valid from January 1 through December 31, 2015

Thank you for your past support! Please consider once again being a part of our team!

Name (s) _______________________________________________________________________

(As you wish it to appear when we publicly recognize our members.)

Address _________________________________________________________________________

City/State____________________________________________________ Zip _________________

Phone _________________________ E-mail ** __________________________________________

**May we send our monthly newsletter to your e-mail address:   ____Yes     ____No

Each Single Membership is entitled to one (1) vote. Each family membership is entitled to two (2) votes.

Please circle: 

Single $25     Family $40     Contributing $75     Sustaining $100     Corporate $150

☐ I would like to sponsor an additional single membership for a person who is unable to pay, for an additional $25

Total amount enclosed: $________________________

Please make your check payable to Ollie Webb Center, Inc. Mail this form and your check to:

Ollie Webb Center, Inc., 1941 South 42nd Street, Suite 122, Omaha, NE 68105

Your contribution is tax deductible.

Put Your Honey to Use

Honey Glazed Chicken Thighs

Serves: 8

Ingredients:
• 1 cup apple juice
• 12 pitted dates, coarsely chopped
• 6 cloves garlic, coarsely chopped
• 4 Tablespoons honey
• 4 Tablespoons extra virgin olive oil
• 1 teaspoon kosher salt
• 8 (about 3 pounds) large bone-in skin-on chicken thighs

Preparation:
Heat oven to 400°F.

Lightly coat a 9x13 inch baking dish with cooking oil spray.

In a food processor, combine apple juice, dates, garlic, honey, olive oil and salt. Pulse until fairly smooth.

In a large bowl, combine chicken and glaze, toss to coat well.

Transfer to the prepared baking dish and bake for 35 to 40 minutes, basting occasionally, or until chicken reaches 175°F internal temperature.
OLLIE'S BULLETIN BOARD

ANNUAL MEETING
OLLIE WEBB CENTER, INC.

Monday, November 17, 2014
7:00 p.m.
St. Leo Church - 1920 North 102nd Street
(102nd & Blondo)
Please enter by the south door on the circle drive.

Ollie Webb Center, Inc. is seeking nominations for its annual Community Partnership Awards. The awards recognize professionals, friends, or volunteers who have made a significant difference in the lives of children, adolescents, and adults with developmental disabilities. The awards include:

**Community Leader:** A professional who has made a significant difference in the life or lives of children, adolescents or adults who have a developmental disability.

**Inclusion Leader:** Someone in the community (from a non-disability organization or group) who has shown exemplary inclusion of individuals with developmental disabilities.

**Volunteer of the Year:** An individual who has voluntarily provided invaluable assistance or support, making a positive impact on the life or lives of individuals with developmental disabilities.

Contact Lisa Dougherty at 402.346.5220, ext. 22 or ldougherty@olliewebbinc.org by Wednesday, November 5, to nominate someone for a Community Partnership Award.

Winter Weather Policy

The following weather conditions may cause us to close our office and/or cancel/reschedule events.

❄ Heavy, accumulating, blowing and drifting snow
❄ Ten degrees or more below zero and/or wind chill
❄ Ice, sleet and/or freezing rain

If the weather is questionable, our services will be cancelled.

If Omaha Public Schools cancel their day/evening activities and/or staff deem it unsafe for travel our services will be cancelled.

**Note:** If you are not sure if an evening/weekend “Adult Services” event will be held or cancelled, call 402.346.5220 ext. 31 for event updates. Most decisions will be posted by 3:00 p.m. for evening activities, and 8:00 a.m. for daytime activities.

NEW WEBSITE

Please check out our new website:
www.olliewebbinc.org!

Like us on Facebook!
Tips for Families: Paying for the Health Care of your Child:

Get a diagnosis – Having a specific diagnosis can be critical to accessing public programs. Talk with your physician or disability professionals to find out what the best words to use are in describing your child’s condition when filling out forms. For example, if you have a child on the Autism spectrum and you need to file a claim with your insurance, you must have a medical diagnosis rather than an educational diagnosis to be covered in many cases.

Read your insurance policy - It allows you to advocate more effectively. Read front to back what your insurance policy says it does and does not do. If you have questions, call a representative at your insurance company or talk to your employer and ASK!

What to do if your insurance claim is denied – Find out how to make an appeal, then fill out the paperwork and send in the appeal. It may seem like a lot of trouble and you usually only have 150 days to do so, BUT 45% of appeals do end up being paid.

Look for resources on the World Wide Web – There are many resources available to you on the internet. You can read recent research or publications that may help you access the best care at the most affordable prices. Determine if you are looking for factual information, opinions or both. Factual information should be able to be verified from a primary information source which should be provided by the author. If the information is an opinion, it should be clearly stated as such and the author should identify what qualifications put him or her in the position to be offering this opinion. Check the domain name for your first clue. Web addresses that end with.gov are government owned websites; those that end with.edu are owned by an educational institution; web addresses that end with.org are generally owned by a nonprofit organization; .com websites are generally commercially driven or for profit ventures. By eliminating the .com sites when beginning a search, it significantly narrows the search down to sites that are most likely to have evidence-based information.

Talk to other parents – Other parents who have children with disabilities are a very valuable source of information. You can talk to other parents using a Parent to Parent group which provides 1:1 matches with other parents, or attend a parent group and get to know other parents.

Make a public program in your community work for you – There are state supported public programs such as Supplemental Security Income (SSI), Children’s Health Insurance Program (CHIP) and Medicaid that your child may be eligible for. There are also Social Security Benefits for older children with disabilities and adults if they have been disabled since childhood. Some children may be eligible for dependent’s or survivor’s benefits from Social Security.

Check itemized bills – for special code numbers about each date and procedure on your billing statements. Sometimes only the first bill sent out will have the complete billing information and statements sent out after that may be confusing because some of the information is missing. Call your provider for clarification if something appears unclear or inaccurate. Providers do make mistakes and it’s not unheard of that they might accidentally bill for the same thing twice.

Influence decisions by explaining the need in medical terms: If decision makers have the best understanding of your child’s needs they will often go to bat for you. Document why you are asking for a specific type of equipment for example. Why is it necessary for your child to have this equipment or service? Have a professional involved with your child help you demonstrate the need. Send in a photo of your child using the equipment. Explain how the service or equipment will likely prevent more costly needs in the future.

Sibshops is an award winning nationally affiliated program for youth ages 6-13. It is uniquely designed to provide high-energy activities for siblings of children with developmental disabilities. Sibshops is a place where siblings may obtain peer support and education within a recreational context, while having fun and connecting with other siblings who have had similar experiences.

Sibshops are held the 2nd Saturday of the month.

9-13 year old Siblings will meet from 9:00 am to noon on:

- November 8, 2014
- December 13, 2014
- January 10, 2015
- February 14, 2015
- March 14, 2015
- April 11, 2015

6-8 year old Siblings will meet from 11:00 am to 1:00 pm. on:

- December 13, 2014
- February 14, 2015
- April 11, 2015

Make reservations with Annie Anderson at 402-346-5220 Ext. 23 or aanderson@olliewebbinc.org
Ollie Webb Center, Inc. is proud to offer Sibshops in Omaha. Sibshops are lively celebrations which convey a sense of joy, wonder, and play!

**What:**
This award-winning nationally affiliated program for youth ages 6 to 13 is uniquely designed to provide high-energy activities for siblings of children with developmental disabilities. Sibshops is a place where siblings may obtain peer support and education within a recreational context; while having fun, sibs connect with each other about similar experiences.

**Who:**
The brothers and sisters of individuals with developmental disabilities experience many of the same concerns as their parents as well as other concerns uniquely their own. A maximum of 20 youth ages 9-13 and 20 youth ages 6-8 can participate each session. Lunch is provided.

**Where:**
Sibshops will be held at a location to be announced. All registrants will be notified of the location prior to the first workshop.

**How:**
Contact Annie at 402-346-5220 Ext. 23 or aanderson@olliewebbinc.org to receive a registration form.

**When:**
Sibshops are held the 2nd Saturday of the month.

- **9-13 year old Sibs** will meet on Sept. 13, Oct. 11, Nov. 8, Dec. 13, Jan. 10, Feb. 14, March 14 and April 11 from 9:00 am to noon.
- **6-8 year old Sibs** will meet on Oct. 11, Dec. 13, Feb. 14 and April 11 from 11:00 am to 1:00 p.m.

**Cost:**
If you are an Ollie Webb Center, Inc. Member the cost is:
- 9-13 year olds - 8 sessions $100
- 4-6 year olds - 4 sessions $50

Non-Members cost:
- 9-13 year olds - 8 sessions $125
- 4-6 year olds - 4 sessions $60

Individual sessions may be purchased at $12.50 each for members and $15 each for non-members.

Contributions to the Sibshops Scholarship fund are welcomed and will help a sibling who cannot afford to attend the opportunity to participate in Sibshops.

Sponsored by:

This program is funded in part by a grant from the United Way of the Midlands.
Home is Where You Hang Your Hat!

Join us for a Parent Forum discussing the many choices available to “hang your hat” for adult family members with special needs.

Experienced parents will share their personal experience with the type of living arrangements they have chosen for their family member with special needs. They will share the pros and cons of their choices and tips to navigate the process.

Experiences will include: Group Homes, Independent Apartment Living, Host Family, Residential Support in Parent’s Home, Living with a Sibling and more.

Date: Thursday, November 20, 2014
Time: 6:00 - 8:00 p.m.
Location: UNO Barbara Weitz Community Engagement Center
6001 Dodge Street - Reserved Parking Available for the first 40 RSVPs.

Please e-mail RSVP by 11/13/14 to: Denise Gehringer dgehringer@olliewebbinc.org
Space is limited. RSVP early to reserve your spot!

Interpretation services available by request. Requests MUST be received by November 7.

“Empowerment is the word of ‘choice,’ your choice to be, do, have what is within your power. Go and be empowered.”
~Lynda Van Doran

The PRISM Project is sponsored by the Arc of Omaha at Ollie Webb Center, Inc., with assistance from the United Way of the Midlands and the Nebraska Department of Education.
Next Chapter Book Club

- Book Clubs meets once a week for an hour as a small group at a local coffee shop to read and discuss a book.
- All reading levels can participate!
- Members enjoy social connections and the delight of expanding their literacy.
- Clubs meeting in West Omaha on Wednesday & Thursday nights have open spots in each group. Contact Denise ASAP if you would like to get involved!
- New club forming in the 78th & Dodge area. Interested volunteers & new members contact dgehringer@olliewebbinc.org.

The ADVENTURE WEDNESDAY CLUB finished their journey with Robinson Crusoe and are now following the yellow brick road.

Friendship & literacy in a community setting!
The Ultimate Life Program is the place to be for fun and friends!

The Ultimate Life Program is a fee-based recreation program for adults with intellectual and developmental disabilities 18 years and older. This program offers opportunities for adults to participate in small, planned group activities or one-on-one outings of their choice in the community. Trained companions accompany participants. Transportation to and from the activities is part of the program.

APPLY NOW! Registration fee - $30
For an application, contact: dgehringer@olliewebbinc.org
Food and Friends
Date: November 11, or December 4, 2014
Time: 5:30-7:30 p.m.

Being able to cook is such an important life skill, join us for a fun filled evening of socialization while practicing our skills of cutting, spreading, measuring, and many other cooking skills! Meal is provided!

Location: OWCI
Cost: $15 for Arc members/$20 for non-Arc members (If you register and pay by 11/7 or 12/1) (DISCOUNT!)
$20 for Arc members/$25 for non-Arc members at the door.

For Adult Services and Just Friends Participants

Circles II

Have you taken Circles I in the past and want to take the next level of boundary/relationship building classes?

Dates: December 2, 9, & 16
5:30 - 7:30 p.m

- Each class will be held at Ollie Webb Center, Inc.
- Cost: $45 for Arc members and $50 for nonmembers

Holiday BINGO Party with Adult Services
Bingo, Prizes, Holiday Music and refreshments

Sunday, December 14, 2014
Time: 1:00-3:00 p.m.
Mockingbird Community Center
10242 Mockingbird Drive, Omaha, NE

Price: $10 for participants and no charge for staff/parents.

Send RSVP to Kelsie Troudt by December 8, 2014
RESERVATION FORM – Just Friends

Name: __________________________________________________ Phone #: (_____)_______________
Address: ___________________________________________________ Zip: _________________________
Date of Birth: ____________________
Emergency Contact ____________________                  Emergency Phone : _______________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Food & Friends (November 11) ........................................................ (DISCOUNT) $15 Arc member/ $20 non-member $20 Arc member/ $25 non-member at the door

Circles II (December 2, 9, & 16) ............................................. $45 Arc member/ $50 non-member

Food & Friends (December 4) ........................................................ (DISCOUNT) $15 Arc member/ $20 non-member $20 Arc member/ $25 non-member at the door

Holiday Party (December 14) ........................................................... $10 for participants

Total Enclosed: $____________ Please make checks payable to: Ollie Webb Center, Inc. 
Return to: Ollie Webb Center, Inc., Just Friends, 1941 South 42nd Street, Suite 122, Omaha, NE 68105

PROJECT II SELF-ADVOCACY

by Aimee Addison

Project II Self-Advocacy

Members of Project II meet monthly to discuss and train others about self-advocacy. Please join our members on the following Fridays from 6-8 p.m. at Ollie Webb Center.

Because some meetings may be cancelled and/or rescheduled, please RSVP to Aimee Addison if you plan to join us. Her e-mail address is: aimeeaddison114@yahoo.com.

November 14: Meeting
December 5: Holiday party (Private party—open to active members of Project II only)
ADULT SERVICES
(Ages 19 and Older)
by Amanda Clark
aclark@olliewebbinc.org

For Adult Services and Just Friends Participants

Have you taken Circles I in the past and want to take the next level of boundary/relationship building classes?

Dates: December 2, 9, & 16
5:30 - 7:30 p.m
• Each class will be held at Ollie Webb Center, Inc.
• Cost: $45 for Arc members and $50 for nonmembers.

Thanks to Lotus House of Yoga and everyone who participated in a lovely afternoon of Yoga in Midtown Crossing! Namaste!

Circles II

Food and Friends
Food and Friends is a fun way to reinforce basic skills in the kitchen, while spending time with new and old friends. Students will make a rational meal and take the recipe along home to try again.

5:30-7:30 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 7 people.
Before sending in your check/registration, contact Amanda at aclark@olliewebbinc.org or 402.346.5220 ext. 31 to see if space is available.

November 4: Send RSVP form to Amanda by October 29 or call/e-mail by November 3.

December 6: Please note that this is a Saturday. We will meet from 1:00-3:30 and will work on baking holiday goodies only. Cost and location remain the same. Send RSVP form to Amanda by October 1 or call/e-mail by October 6.

Lunch and Movie
Lunch and Movie is an afternoon of relaxing and socializing over a hearty lunch and after that we watch the latest blockbuster DVD on the large projector screen at the Ollie Webb Center. (Film and lunch suggestions are always welcome.)

12:30-3:00 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 12 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is available.

November 22: Send RSVP form to Amanda by November 17 or call/e-mail by November 21.

December 20: Send RSVP form to Amanda by December 15 or call/e-mail by December 18.
Adult Services Large Group Events cosponsored by the City of Omaha Parks and Recreation - Therapeutic Recreation

Thanksgiving Dinner
Thanksgiving dinner and activities

Date: Thursday, November 20, 2014
Time: 6:00-8:00 p.m.
Camelot Community Center
9270 Cady Avenue, Omaha, NE

Price: $15 for participants and a $5 charge for staff/parents who eat.

Send RSVP to Amanda Clark by November 13, or e-mail/call by November 18, to aclark@olliewebbinc.org or 402.346.5220 ext. 31.

Holiday BINGO Party
Bingo, Prizes, Holiday Music and refreshments

Sunday, December 14, 2014
Time: 1:00-3:00 p.m.
Mockingbird Community Center
10242 Mockingbird Drive, Omaha, NE

Price: $10 for participants and no charge for staff/parents.

Send RSVP to Kelsie Troudt by December 8, or e-mail/call by December 11, to aclark@olliewebbinc.org or 402.346.5220 ext. 31.

RESERVATION FORM – Adult Services

Name:_____________________________________________________ Phone #: (_____)_______________
Address:___________________________________________________ Zip: _________________________
Date of Birth:______________________
Emergency Contact ________________________       Emergency Phone :  ________________________
Will Staff be accompanying to event?  (Indicate which event) ______________________________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Food & Friends  (November 4) (December 9-baking only)       .......$15 Arc member/ $20 non-member
Lunch and a Movie (November 22) (December 20) ....................$15 Arc member/$20 non-member
Thanksgiving Dinner (November 20).................................$15 /$5 staff/parents
Circles II Classes (December 2, 9, 16)..................................$45 for all 3 nights
Holiday Bingo  (December 14)...........................................$10 /$0 staff/parents

Total Enclosed: $____________  Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Adult Services, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
Summer Film Project 2014 Premiere

On the evening of Thursday, September 25th the Summer Film Project 2014 premiered the completed film, Ninja Clowns of Clownsville. Twenty-five friends and family attended the celebration which included popcorn, candy and sodas for everybody. Along with the latest summer presentation, films from the past two summer projects were screened as well. Filmmaker David Ackermann and the students held a talkback session with the audience after the screening. Funding for the project was made possible through a grant from the Nebraska Arts Council and the Nebraska Cultural Endowment. The film can be viewed through the following link: https://www.youtube.com/watch?v=GM2h6ofQ_k4

SUPERHERO PANCAKE BREAKFAST

Thank you to Longhorn Steakhouse for a great morning of superheros and pancakes!
Selina McCormick has been an instructor with our education program for over a year and a half. Having worked within several different residential programs locally for nearly a decade, Selina says working with and teaching people with developmental disabilities is not only a profession she enjoys, but she adds that it has become a passion for her. She says what gives her the most satisfaction in working with our students is watching them grasp how to advocate for themselves and how to be assertive. Knowing their rights and how to successfully apply their various talents to their surrounding community is important to Selina. She has turned out to be a fantastic teacher, too!

Selina's other passion is photography. In two different sessions now we have offered a photography class led by Selina and it has become very popular with many of our students. In fact, one student has an eventual goal of enrolling in photography classes at Omaha's Metropolitan Community College. We feel that Selina's skill set in this specific area has helped that student prepare for his eventual experiences at Metro. In addition to her time spent at Ollie Webb Center, Inc. as an employee, Selina also helps out often as a volunteer for our Art of Imagination program. She loves helping with the production piece involved with making the costumes and props for Jim Hoggat's Art of Imagination. She says seeing the students sense of self-esteem blossom on stage is a big reason why she likes volunteering for the program.

It is a real treat to have Selina as an instructor. Not only has she become an important part of the team, but the students love her! Thanks Selina!
BEST BUDDIES MATCHING EVENT