Honey Sunday

Benefitting Ollie Webb Center, Inc.

Honey Sunday is an annual fundraiser. Proceeds benefit The Arc of Omaha at Ollie Webb Center, Inc., a local non-profit agency serving individuals with developmental disabilities and their families. Honey is sold in bear-shaped 12-ounce bottles.

$6.00 for one bottle, $10 for two, $15 for three bottles!

JOIN US FOR A “SWEET” VOLUNTEER OPPORTUNITY!

Corporations – Schools – Churches – Family and Friends

When: Sunday, November 6, 2016  Noon – 4:00 p.m.

Volunteers are very important to this event – we’d like to involve EVERYONE! This is an excellent community service project for all ages. Volunteers, in small groups, go door-to-door in neighborhoods throughout Omaha to sell honey.

Corporations: Sell honey on site in lunchrooms or lobbies - or a friendly intra-office competition!

Schools: Opportunity for Student Volunteer hours – through door-to-door sales; at local places of business; or at school sponsored activities (sports, musicals, plays) provided by student clubs, organizations and/or civics classes.

Churches and Synagogues: Youth and service groups sell either door to door or after Worship services. A great way to get community service hours.

Family and Friends: Canvas your own neighborhood; reach out and share the sweetness across the city with your family and friends.

Participation is simple to arrange for group leaders. You provide the volunteers, and we handle the details.

To learn more or to volunteer, please contact:
Lisa Turner, Turner Events and Marketing
lisa@turnereventsandmarketing.com
(402) 926-1199

Please share this information with others who may be interested.
“Time and money spent in helping people to do more for themselves is far better than mere giving.” ~ Henry Ford

You are doing more than mere giving when you become a member of The Arc of Omaha. You are supporting efforts to help individuals with developmental disabilities and their families lead lives of greater independence, productivity, integration, inclusion and self-determination. By joining now, your membership will be valid for the calendar year 2016. Membership options are outlined below.

The privileges of membership in The Arc of Omaha include:

Use of the Ollie Webb Center, Inc. pass to the Henry Doorly Zoo, discounts to many activities and events for individuals of all ages sponsored by The Arc of Omaha, support from The Arc of Nebraska and The Arc of the United States, including representation at local, state and national policy forums and publications sharing important information on a variety of topics, and the satisfaction of supporting a local agency that informs the public of the needs, rights and abilities of individuals with developmental disabilities.

The Arc of Omaha 2016 Membership Form

Your membership will be valid from January 1 through December 31, 2016

Thank you for your past support! Please consider once again being a part of our team!

Name(s) __________________________________________________________
(As you wish it to appear when we publicly recognize our members.)

Address __________________________________________________________

City/State____________________________________________________ Zip _________________

Phone _________________________ E-mail ** __________________________

**May we send our monthly newsletter to your e-mail address: _____Yes _____No

Each Single Membership is entitled to one (1) vote. Each family membership is entitled to two (2) votes.

Please circle:  Single $25  Family $40  Contributing $75  Sustaining $100  Corporate $150

☐ I would like to sponsor an additional single membership for a person who is unable to pay, for an additional $25

Total amount enclosed: $__________

Please make your check payable to Ollie Webb Center, Inc. Mail this form and your check to: Ollie Webb Center, Inc., 1941 South 42nd Street, Suite 122, Omaha, NE 68105

Your contribution is tax deductible.
Free Event for Children, Teens & Young Adults with Special Needs and their Families

Ollie Webb Center, Inc. Parent to Parent Omaha in partnership with Bellevue Fire and Rescue and the Autism Society Omaha bring to you:

Fire & Safety Day

Fire Training Center
3100 Cornhusker Road, Bellevue, NE 68123

Saturday, October 1 • 11:00 a.m. - 4:00 p.m.

This event is for individuals of any age who have a special needs and their families. It is hard to predict how anyone will behave in an emergency situation. Because of this, Fire and Safety Day is an excellent opportunity to meet face to face with emergency personnel, explore and learn about firetrucks, firefighter gear, ambulances, seat belt safety, first aid, poison control, 911, and more that could one day keep us safe in an emergency situation.

Bring the whole family for an afternoon jam-packed full of activities designed to provide your family with fire safety education, as well as, summer fun. See the rescue helicopter land and watch the firefighters put out a live fire! The fire training facility is a state of the art facility with room to accommodate everyone. Bring swimsuits and sunscreen for the kids so they can enjoy playing in large water sprinklers at the end of the day.

RSVP at:
http://fire-safety-day2016.eventbrite.com
SIBSHOPS
(Ages 6 -13)
by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org

SIBSHOPS
A SPECIAL & UNIQUE PROGRAM JUST FOR BROTHERS & SISTERS WHO HAVE A SIBLING WITH SPECIAL NEEDS.

- Sibshops is an award-winning, nationally affiliated program for the brothers and sisters of individuals with developmental disabilities.
- Sibshops are lively celebrations which convey a sense of joy, wonder, and play!
- The program is uniquely designed to provide high-energy activities for the siblings of children with developmental disabilities. Sibshops is a place where siblings may obtain peer support and education within a recreational context; while having fun, sibs connect with each other about similar experiences. Lunch is served.

**Cost:**
If you are an Ollie Webb Center, Inc. Member the cost is:
- 8 Sessions $100
- 4 Sessions $50

Non-Members cost:
- 8 Sessions $125
- 4 Sessions $60

Individual sessions may be purchased at $12.50 each for members and $15 each for non-members.

RSVP’s should be received no later than the Monday before the event.

Please contact aclark@olliewebbinc.org to find out more about the program.

All ages 6-13 will meet the 2nd Saturday of each month from 9:00 am to noon (includes lunch).

Participants are split in to 2 age groups: 6-8 year olds and 9-13 year olds.

Sibshops will be held at:
St. Timothy’s Lutheran Church
510 North 93rd Street

Monthly themes will be announced in September.

2016 Dates:
- September 10
- October 8
- November 12
- December 10

2017 Dates
- January 14, February 11
- March 11, April 8
(Location TBA)
THemes and information for each month

September: “Campout!”
St. Timothy’s Lutheran Church
510 North 93rd Street

October: “Halloween Haunted House!”
St. Timothy’s Lutheran Church
510 North 93rd Street

November: “Thanksgiving!”
St. Timothy’s Lutheran Church
510 North 93rd Street

December: “Holiday!”
St. Timothy’s Lutheran Church
510 North 93rd Street

January: “Superhero Day!”
St. Timothy’s Lutheran Church
510 North 93rd Street

February: “Valentine’s Day
St. Timothy’s Lutheran Church
510 North 93rd Street

March: “St. Patrick’s Day
St. Timothy’s Lutheran Church
510 North 93rd Street

April: “Field Trip”
More details to come!

RSVP’s should be received no later than the Monday before the event.

2016
Join us for an evening with author Dr. Patrick Schwarz!
This interactive SKYPE presentation will be focusing on the best practices of inclusive education, collaboration and innovative curricular design and support, essential tools and processes are highlighted for the purpose of effective person-centered service delivery. Using a person’s dreams, visions, and goals will be emphasized to create effective planning, implementation and achievement of successful educational and life outcomes.

Date: Thursday, September 29, 2016
Time: 7:00-8:30 p.m.
Location: UNO Barbara Weitz Community Engagement Center
6001 Dodge Street
Reserved Parking available for the first 40 RSVPs.

Reservations required: RSVP at: http://prism-patrickschwarz.eventbrite.com

Interpretation services available by request. Requests MUST be received by September 20.

Dr. Patrick Schwarz is a dynamic and engaging professor, author, motivational speaker and leader in Education (Inclusive Education, Special Education, General Education, Educational Leadership) and Human Services. He is a professor at National Louis University, Chicago. Patrick’s company is Creative Culture Consulting LLC. He is the author of From Disability to Possibility, You’re Welcome (with Paula Kluth), Just Give Him the Whale (with Paula Kluth) and Pedro’s Whale (with Paula Kluth). His new book is From Possibility to Success.

The PRISM Project is sponsored by the Arc of Omaha at Ollie Webb Center, Inc., with assistance from the United Way of the Midlands and the Nebraska Department of Education.
Who should attend? Anyone providing care, support or advocacy for another. As a family or professional caregiver, you are integral to the independence and well-being of a person who depends on you.

But…who takes care of you? This day-long retreat will give you emotion, physical and mental respite that is so vital to your well-being. You will have the opportunity to reflect, re-energize, and relax.

How will you benefit? New techniques for relaxation • New techniques of self-care • Activities you can do to enjoy life • New friendships • Constructive ideas for future success as a caregiver

Enjoy time for yourself! You deserve it! Make your time as structured as you want. Choose from activities such as: massage, learning about a variety of reading materials to enlighten and entertain you, exercise, painting, music therapy and networking with other caregivers. Opportunities will be available to sit and relax, enjoy a beverage and talk to other caregivers!

Choose your top three sessions (Sessions run for 45 minutes): ☐ Write, Color, Meditate: Find out what relaxes you! Ellen Scott, The Bookworm. ☐ Let Yourself Unwind: Chair and hand massages by various therapists. ☐ A Festival of Fall Colors: Express yourself with acrylic paint on canvas. ☐ Caregiving Wellness: Easy and effective exercise you can do at home. ☐ A Walk on the Beach: Learn techniques for creating your own little breaks within a chaotic day.

Let us help you attend:
Respite means taking time for you. Invite your friends or family members that are also caring for others as they could use a break, too. Contact Ellen or Janet at 402-559-5732 to discuss possible respite provider locations and respite funding opportunities. Must apply early.

Cost:
Cost is $20 per person which includes continental breakfast, snacks, lunch, presentations, handouts and a bag filled with goodies when you leave! You may pay this fee either with check or credit card. Please send payment with your registration form. Check with us for possible scholarships to attend.

Registrations:
Registrations will be submitted to Tools for Caregivers
Ruth Hamlin
All registrations must be received no later than Wednesday, September 21, 2016

Sponsors:
The Enrichment Foundation, Respite Across the Lifespan, Tools for Caregivers, NAMI Nebraska, United Cerebral Palsy of Nebraska, and Ollie Webb Center, Inc.
The Ultimate Life Program is the place to be for fun and friends!

The Ultimate Life Program is a fee-based recreation program for adults with intellectual and developmental disabilities 18 years and older. This program offers opportunities for adults to participate in small, planned group activities or one-on-one outings of their choice in the community. Trained companions accompany participants. Transportation to and from the activities is part of the program.

APPLY NOW! Registration fee $30.

For an application, contact: dgehringer@olliewebbinc.org
FAMILY SERVICES
(Tweens with Special Needs - ages 10 - 13 years old)
by Denise Gehringer, Program Coordinator
dgehringer@olliewebbinc.org

Join the Party!
Zumba-like Dance Party will help tweens develop a healthy lifestyle and incorporate fitness as a natural part of their week by making fitness fun.

Thursday, October 6 & 20
6:00 - 7:45 p.m.

Cost: • Dance Party 2 Nights: $5/Arc member & $10/non-member
• Foodie Fix: $15/Arc member & $20/non-member
• Snack & Chat: $5/Arc member & $10/non-member

Please note: Class size is limited to 10 people.
Registration info will be sent upon confirmation of space availability. Contact dgehringer@olliewebbinc.org to inquire if space is available.
Teen Food and Friends  
**Time: 5:30-7:30 p.m.**

Being able to cook is such an important life skill, join us for a fun filled evening of socialization while practicing our skills of cutting, spreading, measuring, and many other cooking skills!  
Meal is provided!

**Guy’s Nights**  
**October 3** (RSVP by 10/1)  
**November 7** (RSVP by 11/3)

**Girl’s Nights**  
**October 17** (RSVP by 10/12)  
**November 21** (RSVP by 11/18)

**Location: OWCI**

Cost: $15 for Arc members  
$20 for non-members  
RSVP to Amanda Clark at: aclark@olliewebbinc.org

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Social Skills Classes for Teens and Adults  
**Fall Circles 1 Class Series:**  
**October 5, 12, 19, 26**  
**Wednesdays • 5:30 to 7:30 p.m.**  
at Ollie Webb Center, Inc.

Cost: $60 Arc member/ $80 non-member

Teens and adults are invited to participate – please email Amanda to be sure there is room before sending in your RSVP.

Circles is a well-regarded program which uses circles of different colors to teach people with disabilities about appropriate behavior based on the type of relationship they have with family, friends, and others.

Online Curriculum for this program can cost $300-1,200 and it won’t be personalized or have the value of peer discussions on topics such as: who you can touch and how, who you can trust and why, and who you can talk to and what you can say.

Send RSVP to Amanda Clark by October 2, 2016: aclark@olliewebbinc.org or 402-346-5220 ext. 31
Teen and Young Adult
Halloween Party

THE NIGHT IS CALLING ALL TEENS AND YOUNG ADULTS FROM THE AUTISM SOCIETY AND OLLIE WEBB COMMUNITY FOR A SPOOKINGLY GOOD TIME!

What: Costume Contest, Dance, Craft, Food!!

When: Saturday, October 29th, 7-9 PM

Where: Autism Center of Nebraska, 9012 Q St.

RSVP: https://teenyoungadulthalloweenparty2016.eventbrite.com

$5.00 Admission To Be Paid At The Door

RESERVATION FORM – Just Friends

Name: ___________________________________________ Phone #: (_____)________________

Address: ___________________________________________________ Zip: ___________________________

Date of Birth: ________________________________ Allergies: _____________________________________

Emergency Contact ________________________  Emergency Phone:  _____________________________

I allow the use of images for public relations purposes and release and discharge Ollie Webb Center, Inc. and its employees and volunteers from any liability as a result of my child’s participation in the Just Friends Program. *Signature: ________________________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Circles 1 - Social Skills and Boundaries Classes (Teens & Adults) ..................... $60 Arc members/ $80 non-members (October 5, 12, 19, 26)

Teen Lunch and Film Club  (October 15) • (November 19) ......................... $15 Arc members/ $20 non-members

Young Adult (ages 12-22) Halloween Party (October 29) ................................. $  5 Arc members/ $10 non-members

Food & Friends at OWCI ................................................................................................. $15 Arc members/ $20 non-members

Guy’s Nights (October 3 • (November 7) • Girl’s Nights (October 17) • November 21)

Total Enclosed: $______________ Please make checks payable to: Ollie Webb Center, Inc.

Return to: Ollie Webb Center, Inc., Just Friends, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
Adult Services
(Ages 19 and Older)
by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org

Adult Food and Friends
Adult Food and Friends is a fun way to reinforce basic skills in the kitchen, while spending time with new and old friends. We cook then eat together!

5:30-7:30 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 7 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is still available.

Ages 19-30:
October 4 - RSVP by 10/1 • November 8 - RSVP by 11/4.

Ages 31 & up:
October 18 - RSVP by 10/14 • November 22 - RSVP by 11/18.

Adult Lunch and Film Club
Lunch and Film Club is an afternoon of socializing over lunch and watching the latest blockbuster DVD on the large projector screen at the Ollie Webb Center. (Film and lunch suggestions are always welcome.)

12:30-3:00 p.m. at OWCI
Cost: $15/Arc member - $20/non member

Please note:
Class size is limited to 12 people.
Before sending in your check/registration, contact Amanda at 402.346.5220 ext. 31 or aclark@olliewebbinc.org to see if space is available.

October 29: Send RSVP form to Amanda by October 23.

November 26: Send RSVP form to Amanda by November 22.

Halloween Dance
Costumes, Dancing, Snacks, Oh My!
Saturday, October 22 • 6:00-8:00 p.m.
Mockingbird Community Center
10242 Mockingbird Drive
$10 Arc Members and $15 Non-members
RSVP by October 16 to aclark@olliewebbinc.org

Thanksgiving Dinner and Games
Please join us for dinner and socializing with friends

November 17, 2016
6:00 to 8:00 p.m.
Camelot Community Center
9270 Cady Avenue
$15 Arc Members and $20 Non-members
RSVP by November 11 to aclark@olliewebbinc.org
For Adult Services and Just Friends Participants

Social Skills Classes for Teens and Adults
Fall Circles 1 Class Series:
October 5, 12, 19, 26
Wednesdays • 5:30 to 7:30 p.m.
at Ollie Webb Center, Inc.
Cost: $60 Arc member/ $80 non-member

Teens and adults are invited to participate – please email Amanda to be sure there is room before sending in your RSVP.

Circles is a well-regarded program which uses circles of different colors to teach people with disabilities about appropriate behavior based on the type of relationship they have with family, friends, and others. Online Curriculum for this program can cost $300-1,200 and it won’t be personalized or have the value of peer discussions on topics such as: who you can touch and how, who you can trust and why, and who you can talk to and what you can say.

Send RSVP to Amanda Clark by October 2, 2016: aclark@olliewebbinc.org or 402-346-5220 ext. 31

RESERVATION FORM – Adult Services

Name: ___________________________________________ Phone #: (_____)______________
Address: ___________________________________________ Zip: __________________________
Date of Birth: ___________________________ *Allergies: _____________________________________
Emergency Contact ________________________  Emergency Phone: ___________________________
I allow the use of images for public relations purposes and release and discharge Ollie Webb Center, Inc. and its employees and volunteers from any liability as a result of my child’s participation in the Adult Services Program *Signature: _______________________________

PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT

Adult Food & Friends (September 6 - All Ages) .................................................................$15 Arc members/ $20 non-members
Ages 19-30 (October 4) • (November 8) • Ages 31 & up (October 18) • (November 22)
Circles 1 - Social Skills and Boundaries Classes (Teens & Adults) .....................$60 Arc members/ $80 non-members (October 5, 12, 19, 26)
Halloween Dance at Mockingbird Community Center (October 22).....$10 Arc members/ $15 non-members
Adult Lunch and Film Club (October 29) • (November 26) .......................$15 Arc members/ $20 non-members
Thanksgiving Dinner (November 17) .................................................................$15 Arc members/ $20 non-members

Total Enclosed: $ ___________ Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Adult Services, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
ADULT SERVICES
(Ages 19 and Older)
by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org

Wine(d) Down Artfully!
You Are Invited To Our Autumn
Wine and Painting Event
For OWCI Participants!

Date: September 23, 2016
Time: 6:30 — 8:30 PM
Location: Ollie Webb Center, Inc.

$20 per participant, includes 1 canvas and painting materials,
guided artist-instructors (Cathy and Jeff Ballard)
2 glasses of wine (optional) or pop, light snacks and lively
conversation and fun! Space is limited.
Please RSVP by September 16 by emailing:
aclark@olliewebbinc.org

All participants must be 21 or older. Wine is optional but an emailed consent must be given by a guardian.

IN THE SPOTLIGHT!

Tony

Tony has a contagious personality. He has the ability to make everyone
around him feel welcome and appreciated. Tony has worked for Hy-Vee
on 179th and Pacific for over 5 years as their evening dishwasher. His
coworkers always have kind things to say about Tony and smiles on
their faces when they come back to visit. When asked what Tony loves
most about his job he said, “The thing I like most about my job are the
people I work with. They are friendly, funny, and helpful. If I have trash
to take out and am busy, they will help me. I also like working by the
food, sometimes I get free samples.” Thank you, Tony, for your
dedication and teamwork!
OLLIE’S PHOTO GALLERY
Fall Formal
<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Ext.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laurie Ackerman</td>
<td>Executive Director</td>
<td>17</td>
</tr>
<tr>
<td>Lisa Dougherty</td>
<td>Human Resource Manager</td>
<td>22</td>
</tr>
<tr>
<td>Mavis Hall</td>
<td>Accounting Associate</td>
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<tr>
<td>Jenny Koley</td>
<td>Receptionist</td>
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<tr>
<td>Cathy Smith</td>
<td>Controller</td>
<td>26</td>
</tr>
<tr>
<td>Kerree Taylor</td>
<td>Administrative Assistant</td>
<td>10</td>
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**Administrative Office Staff**

For more information about Ollie Webb Center, Inc. activities and programs, you can pull up our website on your smart phone QR app!

**Serving the Programs of The Arc of Omaha**

<table>
<thead>
<tr>
<th>Name</th>
<th>Position</th>
<th>Ext.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Judy Bednarz</td>
<td>Program Specialist (Stars Basketball)</td>
<td></td>
</tr>
<tr>
<td>Amanda Clark</td>
<td>Program Coordinator (Adult Services, Best Buddies, Just Friends, Sibshops)</td>
<td>31</td>
</tr>
<tr>
<td>Denise Gehringen</td>
<td>Program Coordinator (Family Services, First Chapter Book Club, Next Chapter Book Club, PRISM, Ultimate Life, Stars Basketball, Tween Scene, Parent to Parent)</td>
<td>33</td>
</tr>
<tr>
<td>Jen Rauch</td>
<td>Program Specialist (Best Buddies)</td>
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<tr>
<td>Aimee Addison</td>
<td>Program Assistant</td>
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<tr>
<td>Megan Johnson</td>
<td>Program Assistant</td>
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<tr>
<td>Gina Urbanski</td>
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<tr>
<td>Annie Anderson</td>
<td>Education Coordinator</td>
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<tr>
<td>Dave Brown</td>
<td>Independent Living Coordinator</td>
<td>20</td>
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<tr>
<td>Jim Hoggatt</td>
<td>Artistic Director</td>
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<tr>
<td>Dena Laundervile</td>
<td>Education Coordinator</td>
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<tr>
<td>Mike Loftus</td>
<td>Education Coordinator</td>
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<tr>
<td>Robin McArthur</td>
<td>Operations Director</td>
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<tr>
<td>Lisa McMichael</td>
<td>Independent Living Manager</td>
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<tr>
<td>Kathryn Naughton</td>
<td>Employment Services Coordinator</td>
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<tr>
<td>Janey Ulmer</td>
<td>Education Director</td>
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<tr>
<td>Blaine Villafuerte</td>
<td>Employment Services Manager</td>
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</tr>
<tr>
<td>Amanda Wells</td>
<td>Intake &amp; QA Specialist</td>
<td>19</td>
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