Honey Sunday is an annual fundraiser. Proceeds benefit The Arc of Omaha at Ollie Webb Center, Inc., a local non-profit agency serving individuals with developmental disabilities and their families. Honey is sold in bear-shaped 12-ounce bottles. $6.00 for one bottle, $10 for two, $15 for three bottles!

JOIN US FOR A “SWEET” VOLUNTEER OPPORTUNITY!

Corporations – Schools – Churches – Family and Friends

When: Sunday, November 5, 2017  Noon – 4:00 p.m.

Volunteers are very important to this event – we’d like to involve EVERYONE! This is an excellent community service project for all ages. Volunteers in small groups, go door-to-door in neighborhoods throughout Omaha to sell honey.

Corporations: Sell honey on site in lunchrooms or lobbies - or a friendly intra-office competition!

Schools: Opportunity for Student Volunteer hours – through door-to-door sales; at local places of business; or at school sponsored activities (sports, musicals, plays) provided by student clubs, organizations and/or civics classes.

Churches and Synagogues: Youth and service groups sell either door to door or after Worship services. A great way to get community service hours.

Family and Friends: Canvas your own neighborhood; reach out and share the sweetness across the city with your family and friends.

Participation is simple to arrange for group leaders. You provide the volunteers, and we handle the details.

To learn more or to volunteer, please contact:

Lori Beck
lbeck@olliewebbinc.org
402.346.5220

Please share this information with others who may be interested.
2017 Arc of Omaha Membership Drive!

“Time and money spent in helping people to do more for themselves is far better than mere giving.” ~ Henry Ford

You are doing more than mere giving when you become a member of The Arc of Omaha. You are supporting efforts to help individuals with developmental disabilities and their families lead lives of greater independence, productivity, integration, inclusion and self-determination. By joining now, your membership will be valid for the calendar year 2017. Membership options are outlined below.

The privileges of membership in The Arc of Omaha include:

Use of the Ollie Webb Center, Inc. pass to the Henry Doorly Zoo, discounts to many activities and events for individuals of all ages sponsored by The Arc of Omaha, support from The Arc of Nebraska and The Arc of the United States, including representation at local, state and national policy forums and publications sharing important information on a variety of topics, and the satisfaction of supporting a local agency that informs the public of the needs, rights and abilities of individuals with developmental disabilities.

The Arc of Omaha 2017 Membership Form

Your membership will be valid from January 1 through December 31, 2017
Thank you for your past support! Please consider once again being a part of our team!

Name (s) ___________________________________________________________________________ (As you wish it to appear when we publicly recognize our members.)
Address ____________________________________________________________________________
City/State________________________________________________ ______ Zip _________________
Phone _________________________ E-mail ______________________________________
*May we send our monthly newsletter to your email address:   ____Yes     ____No
Each Single Membership is entitled to one (1) vote. Each family membership is entitled to two (2) votes.
Please circle:
Single $25          Family $40          Contributing $75          Sustaining $100          Corporate $150
❒
I would like to sponsor an additional single membership for a person who is unable to pay, for an additional $25
Total amount enclosed:  $______________  Your contribution is tax deductible.
Please make your check payable to Ollie Webb Center, Inc. Mail this form and your check to:
Ollie Webb Center, Inc., 1941 South 42nd Street, Suite 122, Omaha, NE 68105

Zoo Pass Available to 2017 Arc Members!

The Arc of Omaha has a free Family Zoo Pass available for use by its 2017 members. It allows two adults and four children to visit the Henry Doorly Zoo. Please note the following rules for its use:

1. The pass can be used anytime the zoo is open.
2. Families may use the pass as often as they like, as long as it is available.
3. Families using the pass must sign it out, giving their name, address, phone number, date of use and date returned. If a family misuses the pass, it is possible that the pass may not be available for them to use again.
4. When families arrive at the zoo, they must present the pass and check in at the Visitors Center.

Call 402.346.5220 to reserve the Family Zoo Pass.

DON’T FORGET!
to renew your Arc of Omaha membership for 2017.

Winter Weather Policy

The following weather conditions may cause us to close our office and/or cancel/reschedule events.

❖ Heavy, accumulating, blowing and drifting snow
❖ Ten degrees or more below zero and/or wind chill
❖ Ice, sleet and/or freezing rain

If the weather is questionable, our services will be canceled.

If Omaha Public Schools cancel their day/evening activities and/or staff deem it unsafe for travel our services will be canceled.

Note: If you are not sure if an evening/weekend “Adult Services” event will be held or canceled, call 402.346.5220 ext. 31 for event updates. Most decisions will be posted by 3:00 p.m. for evening activities, and 8:00 a.m. for daytime activities.
SIBSHOPS
(Ages 6 -13)

by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org

Sibshops will be held on Tuesday evenings from 6:30-8:30 p.m. at UNO’s Community Engagement Center.

The dates are: October 17 • November 14 • December 12, 2017
January 16 • February 20 • March 20 • April 17 • May 15, 2018

All ages (6-13) will meet from 6:30-8:30 p.m. (includes snack).
Participants split in age groups (6-8 and 9-13)

9 sessions $90 • 5 sessions $50
1 session $12.50

Non-Members cost: 9 sessions $125
5 sessions $60 • 1 session $15

We will not be offering dinner, but will have snacks. The payment structure will still allow a significant discounted price for signing up early for all 9 sessions, which we highly encourage. Please plan to come to our sharing session for parents (in the newsletter) and please share if you have friends who might be interested in the program.

Secondly, we can’t wait for you to meet our new facilitator, Isabella, who is studying psychology at Creighton University, has a lot of experience working with children and people with disabilities, and she has a younger brother who has Autism. And of course, we are also thrilled to have Jamie co-facilitating again this year. He has been a stead-fast group leader who keeps the kids engaged in discussion and fun.

Lastly, please also let us know if you have a child who has “aged out” of Sibshops (14 or older). We may be interested in utilizing them as supportive mentors/volunteers during the program.

For RSVP”s and more information email aclark@olliewebbinc.org or call 402.346.5220 ext. 31.
Parent to Parent of Ollie Webb Center, Inc. in Omaha, Nebraska partnered with Garro Behavior Consulting in Waller, Texas to help teens and adults with autism and developmental disabilities affected by Hurricane Harvey.

There are so many families displaced in the Houston area that have lost their homes and belongings to Hurricane Harvey. Interruptions to routines and loss of favorite items can be devastating to a person with autism or other developmental disabilities. Ollie Webb Center, Inc. friends and families along with area churches helped by providing supplies and activities during displacement and recovery.

180 bags were sent to individuals in need!
**Legislative Advocacy E-mail List**

Receive emails from the Arc of Omaha at Ollie Webb Center, Inc. about disability related issues and how you can impact change!

Sign up for emails here: https://OmahaArcInfo.eventbrite.com
Next Chapter Book Club

Friendship & literacy in a community setting!

14 Clubs Meeting in the Omaha Metro Area!

Summar Picnic 2017!

- Book Clubs meets once a week for an hour as a small group at a local coffee shop to read and discuss a book.
- All reading levels can participate!
- Members enjoy social connections and the delight of expanding their literacy.
- For more information email dgehringer@olliewebbinc.org

NEXT CHAPTER BOOK CLUB
by Denise Gehringer, Program Coordinator
dgehringer@olliewebbinc.org
The Ultimate Life Program is the place to be for fun and friends!

The Ultimate Life Program is a fee-based recreation program for adults with intellectual and developmental disabilities 18 years and older. This program offers opportunities for adults to participate in small, planned group activities or one-on-one outings of their choice in the community. Trained companions accompany participants. Transportation to and from the activities is part of the program.

APPLY NOW!

Registration fee $30.

For an application, contact: dgehringer@olliewebbinc.org
IN THE SPOTLIGHT!

Colleen Kilcoyne and the Shakespeare Project

Just over a year ago, Colleen Kilcoyne met with the Art of Imagination Artistic Director Jim Hoggatt to propose an idea for a theatre course. It was a project involving the students of Ollie Webb Center, Inc. and Shakespeare. Colleen had worked with the students at OWCI previously as a fellow actor, director and workshop coordinator, so she knew many of the students pretty well. Colleen was adamant that she felt the students were ready to tackle something as complex as Shakespeare. On Wednesday, September 6th, the Shakespeare Project culminated with an evening performance of monologues and scenes at the SNAP/Shelterbelt Theatre on California Street.

“Shakespeare is such a classic element of theatre and literature,” Colleen told Jim recently. “I think it’s important for everyone to be exposed to Shakespeare’s work due to his plays’ universal nature. Shakespeare wrote about real and timeless social issues, still relevant today.” A graduate of Creighton University’s Theatre Performance program, Colleen professed “a special love of Shakespeare.” Colleen has worked professionally with the Rose Theatre’s education program and Nebraska Shakespeare.
IN THE SPOTLIGHT!

In regards to the Wednesday night performance by the students of the Shakespeare Project, Colleen commented, “The ultimate outcome exceeded my expectations. That’s because of the outstanding work the students put into their scenes and monologues.” The course involved students reading, researching and memorizing Shakespeare. When asked, in hindsight, what she would have done differently in organizing the project, she reported, “I would put more focus on the performance aspect of the course. I would have started the rehearsal part of the project sooner. And I would have advertised the final performance earlier.” The final presentation was performed to a half-full house.

Jim asked Colleen if there were any particular moments or aspects of the course that really stood out for her. “I was so impressed at the insight and research the actors contributed to the project,” Colleen told Jim. “And their performances, the actors really made a connection with the audience.” Colleen added that she felt very grateful to the SNAP/Shelterbelt Theatre for providing the venue for the final performance. Colleen is teaching the Art of Imagination’s Vocal and Musical Theatre courses for the fall 2017 semester at the Ollie Webb Center.
JUST FRIENDS NEWS  
(Ages 13 -18)  
by Amanda Clark, Program Coordinator  
aclark@olliewebbinc.org

**Fitness Club**  
**Monday, October 23 and Monday, November 20**  
from 5:00 - 6:30 p.m.

**Simply Ballroom**  
2679 Farnam Street • #204 • Omaha, NE 68131  
Drop-off/Pick-up at the entrance East of the main entrance  
Look for our sign!

Cost: $5/Arc member and $10/non-member  
**RSVP to: aclark@olliewebbinc.org.**

**Come to four classes and earn your first fitness prize!**

Being physically active is one of the most important steps that Americans of all ages can take to improve their health. The 2008 Physical Activity Guidelines for Americans provides science-based guidance to help Americans age 6 and older improve their health through appropriate physical activity. These benefits are even more important if you have a disability, since people with disabilities have a tendency to live less active lifestyles, according to a National Health Interview Survey.

What better way to start incorporating fitness in your teen's life than with a group of peers and friends?! Each meeting we’ll have fun games, discussions and of course physical activities to get everyone moving!

Types of exercise we will be trying with our own supported/adapted interests in mind:  
• Yoga  
• HIIT  
• Aerboics  
• Kickboxing

Please wear comfortable clothes and shoes for fitness activity and bring a water bottle!

---

**Community Teen Lunch and Film Club**

Spend the afternoon socializing, eating lunch and watching a movie with friends.

Saturday, October 14 & November 11

**Start time between 12:15 - 12:30 p.m.**

**Westwood 8 theater**  
2809 S 125th Ave # 297 Omaha, NE 68144

**Pick-up typically between 2:00 - 2:15 p.m.**  
**Lunch is included.**

Cost: $15/Arc member • $20/non-member  
**RSVP to Amanda Clark aclark@olliewebbinc.org**  
**Prepayment is required for this event**

**Includes hot dog, popcorn, beverage and admission for participant only**
Shop and Learn

Shop and Learn is an evening class with an emphasis on healthy eating and meal planning in a community setting. As a group, we will discuss meal planning, shop for ingredients and prep a simple meal.

**Monday, November 6** (RSVP must by 11/3)

6:00 to 7:30 p.m.
at Whole Foods Supermarket in Regency
(please meet us in the café/eating entrance.
We will use the “meeting room” next to it)

Cost: $15/Arc member & $20/non-member

Please note:
Class size is limited to 8 people. Before sending in your check/registration, contact Amanda at 346-5220, Ext. 31 or aclark@olliewebbinc.org to see if space is still available.

**RESERVATION FORM – Just Friends**

Name:_____________________________________________________ Phone #: (_____)________________
Address:___________________________________________________ Zip: ___________________________
Date of Birth:______________________________ Allergies:   _____________________________________
Emergency Contact ________________________  Emergency Phone:  _____________________________
I allow the use of images for public relations purposes and release and discharge Ollie Webb Center, Inc. and its employees and volunteers from any liability as a result of my participation and/or my child’s participation in the Adult Services Program  *Signature: _______________________________

**PLEASE CIRCLE THE EVENT(S) THAT CORRESPONDS WITH PAYMENT**

**Teen Lunch and Film Club** (October 14) • (November 11) ........................................ $15 Arc members/$20 non-members

**Fit Club** (October 23) • (November 20) ........................................................................ $ 5 Arc members/$10 non-members

**Shop and Learn** (November 6) ........................................................................................ $15 Arc members/$20 non-members

Total Enclosed: $____________  Please make checks payable to: Ollie Webb Center, Inc.
Return to: Ollie Webb Center, Inc., Just Friends, 1941 South 42nd Street, Suite 122, Omaha, NE 68105
ADULT SERVICES
(Ages 19 and Older)
by Amanda Clark, Program Coordinator
aclark@olliewebbinc.org

Fitness Club
Monday, October 30 & November 27
from 5:00 - 6:30 p.m.

Simply Ballroom
2679 Farnam Street • #204 • Omaha, NE 68131
Drop-off/Pick-up at the entrance East of the main entrance
Look for our sign!

Cost: $5/Arc member and $10/non-member
RSVP to aclark@olliewebbinc.org.

Come to four classes and earn your first fitness prize!
Being physically active is one of the most important steps that Americans of all ages can take to improve
their health. The 2008 Physical Activity Guidelines for Americans provides science-based guidance to
help Americans age 6 and older improve their health through appropriate physical activity. These
benefits are even more important if you have a disability, since people with disabilities have a tendency
to live less active lifestyles, according to a National Health Interview Survey.

What better way to start incorporating fitness in your life than with a group of peers and friends?! Each meeting we’ll have
fun games, discussions and of course physical activities to get everyone moving!

Types of exercise we will be trying with our own supported/adapted interests in mind:
• Yoga     • HIIT     • Aerboics     • Kickboxing

Please wear comfortable clothes and shoes for fitness activity and bring a water bottle!

Community Lunch and Film Club for Adults
Saturday, October 21 & November 25
Start time between 12:15 - 12:30 p.m.
Westwood 8 theater
2809 S 125th Ave # 297 Omaha, NE 68144
Pick-up typically between 2:00 - 2:15 p.m.
Lunch is included.

Cost: $15/Arc member • $20/non-member
RSVP to Amanda Clark aclark@olliewebbinc.org
THIS IS A PRE-PAYMENT EVENT ONLY!

Spend the afternoon socializing, eating lunch and watching a movie with friends.

Please email aclark@olliewebbinc.org the week of the film to find out an exact time for arrivals and
which film we will be seeing.

Includes hot dog, popcorn, beverage and admission for participant only
Shop and Learn

Shop and Learn is an evening class with an emphasis on healthy eating and meal planning in a community setting. As a group, we will discuss meal planning, shop for ingredients and prep a simple meal.

**Tuesday, November 7** (RSVP must by 11/3)

6:00 to 7:30 p.m.
at Whole Foods Supermarket in Regency

(please meet us in the café/eating entrance – we will use the “meeting room” next to it)

Cost: $15/Arc member & $20/non-member

**Please note:**
Class size is limited to 8 people.
Before sending in your check/registration, contact Amanda at 346-5220, Ext. 31 or aclark@olliewebbinc.org to see if space is still available.
The night is calling all teens and young adults from the Autism Society and Ollie Webb Community for a spookingly good time!

What: Costume Contest, Dance, Craft, Food!!!
When: Saturday, October 28 • 7-9 PM
Where: Autism Center of Nebraska, Inc.
9012 Q Street • Omaha, NE
(use the lower level entrance)
Cost: $5 Admission at the door

Teen and Young Adults (ages 12-24)

Halloween Party

Costume Contest • Dance • Craft • Nacho Bar

Costumes are encouraged but not required. Parents of middle and high school students are asked to remain in the building during the event to support their youth.
### Administrative Office Staff

**402.346.5220**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Ext.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laurie Ackermann</td>
<td>Executive Director</td>
<td>17</td>
</tr>
<tr>
<td>Lisa Dougherty</td>
<td>Human Resource Manager</td>
<td>22</td>
</tr>
<tr>
<td>Mavis Hall</td>
<td>Accounting Associate</td>
<td>21</td>
</tr>
<tr>
<td>Jenny Koley</td>
<td>Receptionist</td>
<td>11</td>
</tr>
<tr>
<td>Cathy Smith</td>
<td>Controller</td>
<td>26</td>
</tr>
</tbody>
</table>

### Serving the Programs of The Arc of Omaha

**402.346.5220**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Ext.</th>
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</thead>
<tbody>
<tr>
<td>Judy Bednarz</td>
<td>Program Specialist (Stars Basketball)</td>
<td></td>
</tr>
<tr>
<td>Amanda Clark</td>
<td>Program Coordinator (Adult Services, Best Buddies, Just Friends, Sibshops)</td>
<td>31</td>
</tr>
<tr>
<td>Denise Gehringer</td>
<td>Program Coordinator (Family Services, First Chapter Book Club, Next Chapter Book Club, PRISM, Ultimate Life, Stars Basketball, Tween Scene, Parent to Parent)</td>
<td>33</td>
</tr>
<tr>
<td>Aimee Addison</td>
<td>Program Assistant (Adult Services)</td>
<td></td>
</tr>
<tr>
<td>Gina Urbanski</td>
<td>Program Assistant (Ultimate Life)</td>
<td></td>
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</tbody>
</table>

### Serving the Programs of Career Solutions, Inc.

**402.342.4418**

<table>
<thead>
<tr>
<th>Name</th>
<th>Title</th>
<th>Ext.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Annie Anderson</td>
<td>Education Specialist</td>
<td>23</td>
</tr>
<tr>
<td>Dave Brown</td>
<td>Independent Living Coordinator</td>
<td>20</td>
</tr>
<tr>
<td>Jim Hoggatt</td>
<td>Artistic Director</td>
<td>30</td>
</tr>
<tr>
<td>Mike Loftus</td>
<td>Education Coordinator</td>
<td>13</td>
</tr>
<tr>
<td>Robin McArthur</td>
<td>Operations Director</td>
<td>12</td>
</tr>
<tr>
<td>Lisa McMichael</td>
<td>Independent Living Manager</td>
<td>24</td>
</tr>
<tr>
<td>Craig Kneifl</td>
<td>Employment Services Coordinator</td>
<td>18</td>
</tr>
<tr>
<td>Blaine Villafuerte</td>
<td>Employment Services Manager</td>
<td>28</td>
</tr>
<tr>
<td>Amanda Wells</td>
<td>Intake &amp; QA Specialist</td>
<td>19</td>
</tr>
</tbody>
</table>

For more information about Ollie Webb Center, Inc. activities and programs, you can pull up our website on your smart phone QR app!

It's Free!